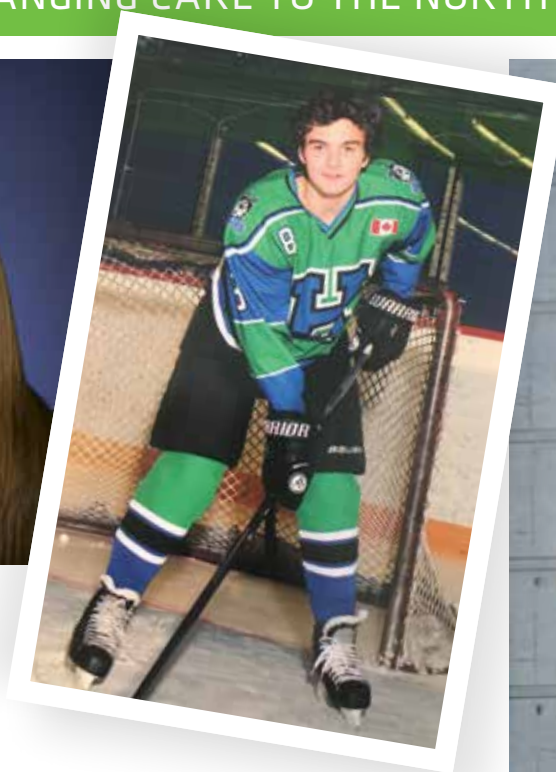


FALL 2018

BRINGING LIFE-CHANGING CARE TO THE NORTH SHORE



*Denis Tuck was playing in a hockey tournament in Kamloops when he took a hit to the back.*

Like many teens on the North Shore, hockey is a huge part of his life and he had picked up his share of scrapes, bangs and bruises over the years.

However, this hit, which landed in the space between the protective padding, had damaged his spleen. He skated off the ice doubled over but the shock and pain subsided so he travelled home and was back at school on Monday.

While Denis went about his life, he was slowly bleeding internally into his abdomen. Four days later, his spleen finally burst and he collapsed on the floor of the school washroom. The school nurse took one look at him and called an ambulance.

By the time he got to the LGH Emergency Department his parents were at his side. "From the moment we arrived, the staff were just on their game," recalls his mother, MJ Tuck.

Denis was parched but ordered to lie down and not allowed fluids. He said he needed to

go to the washroom, but his real intent was to get a sip of water. As he took a few steps from the bed, "he went white beyond words". Two nurses were there in a flash to catch him and over the next few nail-biting minutes, Emergency staff converged around his bed to carry out a series of tests to determine the precise cause of the symptoms. Denis's condition was critical and he had immediate surgery.

"It all happened so fast," says MJ. "The staff were so very amazing and Dr. Amanda Johner was working at lightning speed. We are so thankful."

Instead of removing Denis's spleen, Dr. Johner cauterized it so there were two pieces still linked together. Denis spent a week under close medical supervision in the Surgical Close Observation Unit at LGH. His spleen has since re-grown.

LGH is here for families across the North Shore during their times of need. For Denis, the swift care he received ensured he made a full recovery from his injury and was able to return to the sport he loves.



## \$90M

Inside: Read about the daring deed that celebrated a major campaign milestone.

## Cont'd from page one

MJ Tuck looks back with a great sense of gratitude. "Dr. Johner – amazing and talented in every way. The LGH Emergency staff – second to none! The Tuck family has mountains to be thankful for to LGH," she says.

**Help support the care of patients like Denis and watch him and MJ tell their story at [lghfoundation.com/patient-story/](http://lghfoundation.com/patient-story/)**

## Funding Plays a Key Role

Many aspects of the care Denis received was enhanced, thanks to donations from people in our community. The LGH Emergency Department was completely renovated in 2009 following the receipt of \$15 million in donations. The operating rooms were upgraded and many pieces of imaging equipment have been purchased with Foundation dollars in the past few years.



# Let's Take it to the Top

**Thanks to an outstanding community effort,** the campaign to build a new high-tech Medical & Surgical Centre at LGH now stands at \$90 million.

The Foundation celebrated the occasion by unfurling a 75ft banner down the Paul Myers Tower at the corner of St. Georges and 13th Street.

The banner was unfurled in July by LGH Emergency doctor, Dr. Alec Ritchie and LGH mascot Seymour the Lion (aka Mike Kelso of the City of North Vancouver Fire Department).

In just 18 months, 5,482 supporters have answered our call to help bring life-changing care to LGH. Every donation of every size has helped propel the campaign within \$10 million of the campaign target.

"It's been inspiring to see how generously people have responded to such a big ask," says Judy Savage, President & CEO of the Foundation. "\$90 million is a huge milestone but we still have a lot of money to raise. I urge everyone connected to the hospital to contribute what they can to support this life-changing facility."



Dr. Alec Ritchie and fire fighter Mike Kelso make the daring \$90 million reveal.

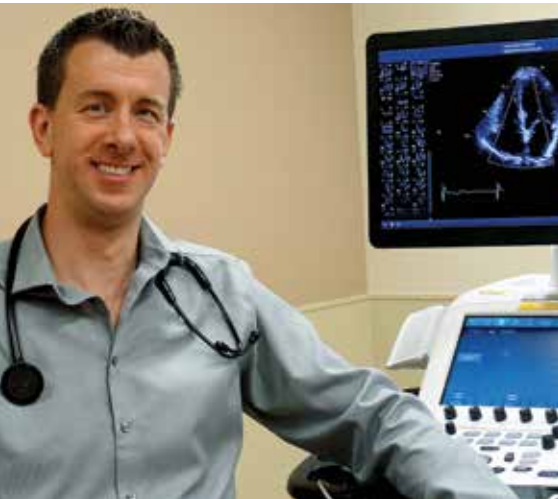
**Watch a video of the big reveal at [lghfoundation.com/news/90M](http://lghfoundation.com/news/90M)**



## An Eventful Summer

**Cruise the Shore for LGH**, held in July, featured a 70-car cruise across the North Shore and more than 150 cars on display at Ambleside Park. A total of \$10,496 (net) was raised.

A Persian Celebration for LGH held on July 21 brought together 230 members of the Persian community who raised \$140,000 (net) for the \$100 million Campaign.



## New Equipment

**The Foundation puts the latest medical equipment** into the hands of physicians and medical staff so they can provide the best care possible at LGH.

A \$150,000 donation by a West Vancouver couple in March funded the purchase of GE's Vivid E95 – the newest Echo unit on the market. The new unit enables staff to assess heart function post-stroke and post-valve replacement for up to 8,600 patients each year. LGH is the sole provider of Echo service on the North Shore.

**To help the Foundation purchase critical medical equipment – and save lives – please donate today at [lghfoundation.com](http://lghfoundation.com) or call 604 984 5785.**

**Left:** Head of Cardiology at LGH, Dr. John Vyselaar, with the new Echo unit.

# Come Rain and Shine

The Youth Advisory Committee of Lions Gate Hospital Foundation didn't let torrential rain dampen their enthusiasm at their annual Car Wash & Bake Sale held in April.

The team of student volunteers, who attend Foundation outreach events and host a number of fundraising events throughout the year, kept on smiling and cleaning through a North Shore cloudburst to collect \$652 for the Medical & Surgical Centre.

**Apply to join the 2018-2019 committee at [lghfoundation.com/youth-advisory-committee](http://lghfoundation.com/youth-advisory-committee). Deadlines is September 17, 2018.**



The Youth Advisory Team takes a break from washing in the rain.



## Learn about Legacies

**When you leave a legacy, the impact you have on your community stretches beyond your lifetime.**

Learn about the different ways you can support Lions Gate Hospital through your will on our website at [lghfoundation.com/get-involved/planned-giving](http://lghfoundation.com/get-involved/planned-giving) or by contacting [sandi.london@vch.ca](mailto:sandi.london@vch.ca)



## Christmas Card Contest

Lions Gate Hospital Foundation is looking for a talented young artist to design its 2018 Christmas card.

Our Christmas cards raise thousands of dollars and provide an opportunity for students to see their work in print and win a Park Royal \$100 gift card.

We're looking for bright and cheerful designs with a North Shore theme to catch the eye of our panel of judges.

**The LGHF Christmas card competition is open to Grade 4-12 students who live or study on the North Shore. The closing date for entries is midnight on October 15, 2018. Electronic entries (Jpeg or PDF only) should be submitted to [info@lghfoundation.com](mailto:info@lghfoundation.com)**

## Seven Days of LGH!



*Get ready for seven days of LGH during the first LGH Week which runs from September 29 to October 6.*

**The special event, supported by McDonald's and Save-on-Foods will celebrate our community hospital.**

Look out for activities and fundraising events hosted throughout the North Shore and check our website and social media channels for full details on how you can get involved and help make the week a success.

# Kudos to Our Community!

Lions Gate Hospital Foundation is pleased to acknowledge the generosity of the following thoughtful supporters.

**1 Cole and June Girman** served lemonade to grateful passers by near Lynn Canyon on a sweltering summer day. Their \$60 in sales was matched by their parents and paternal grandparents for a donation total of \$180.

**2** Long-time LGHF supporters from **North Vancouver Bowling Club** raised \$11,000 at their annual Canada Day Tournament.

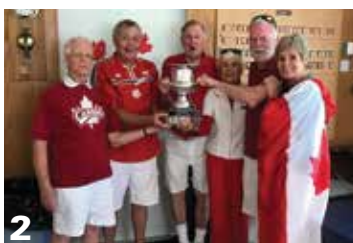
**3 Denny's Restaurant & District of North Vancouver Firefighters** teamed up to raise \$1,143 at their annual spring coffee fundraiser.

**4 100 Women Who Care of the North Shore** donated \$4,400 to support care for youth facing mental health and substance use issues in the Carlile Youth Concurrent Disorders Centre at LGH.

**5 BC Playthings** of Edgemont Village raised more than \$2,000 to improve patient care at LGH during their "Show Your Love" campaign in February.

**6** Staff at the **City of North Vancouver** raised \$830 during their annual BBQ.

**7** Lunchtime karaoke and student vs. staff soccer were among the activities organized by the student council at **Handsworth Secondary** to raise \$1,035 for LGH.



## THANK YOU

for your support

If you'd like to support LGH Foundation through your event, please email us at:

[info@lghfoundation.com](mailto:info@lghfoundation.com)



## Friends for Life

**George and Joy Rose celebrated their 65th wedding anniversary** in style at our June Strawberry Tea hosted to honour legacy and monthly donors.

The West Vancouver residents, who have both been treated at LGH, have been Foundation supporters for 16 years. They became monthly donors because they believe it is the easiest way for them to support improvements to the hospital.

"Lions Gate Hospital is our local hospital and we are grateful for everything the staff does," says Joy. We give a little every month and it is convenient. Because it is an automatic payment, we don't have to worry about it."

When you become a monthly donor you will have an impact on many essential services at LGH. Setting up your monthly gift is easy with payments made either by credit card or direct transfer from your bank account.

If you follow in the footsteps of George and Joy you will join our family of sustaining donors who enable the Foundation to plan future improvements to the hospital.

**Please visit [lghfoundation.com/get-involved/donate-monthly](http://lghfoundation.com/get-involved/donate-monthly), email [sandi.london@vch.ca](mailto:sandi.london@vch.ca) or call 604 984 5857.**