



Up to 1,400 babies a year are born at LGH and each one requires a jaundice test.

## No More Tears

Thanks to new technology and the kindness of donors, life just got a little quieter on the maternity unit at LGH

Jaundice is a common and curable condition seen in around 40-50% of babies born at the hospital. The traditional heel-prick test used to check for the condition can be painful and often causes distress for both babies and their parents.

**The technology will also cause less stress, tears and pain all round**

Jaundice leaves a yellow tint in the skin and the whites of the eyes. It is caused because the liver is not yet developed enough to process bilirubin, a yellow pigment produced by the breakdown of red blood cells.

When we got a request from staff in perinatal services to buy a non-invasive

bilirubin monitor, we launched an online appeal to buy the device which provides a speedy and pain-free way to test the bilirubin levels of newborn babies.

With close to \$9,000 raised, staff in neonatal services now have a reader which can be used for newborns on the maternity unit and in the Neonatal Intensive Care Unit. Nurses or physicians simply press the reader against the forehead or sternum of the baby to get a bilirubin level.

New arrivals with jaundice will endure far fewer heel-prick tests which means a reduced number of lab tests ordered. The technology will also cause less stress, tears and pain all round, not only for babies and their parents but the lab techs who have to take the samples and who hate making babies cry. ♥

## A Magic Milestone

You did it! Supporters of LGH came together to raise \$100 million dollars to help build a new state-of-the-art, high-tech Medical & Surgical Centre.

In just 23 months, from the campaign launch in February 2017 to January 2019, donations of every size came rolling in. More than 6,418 donors supported the biggest health care initiative ever seen on the North Shore with gifts ranging from \$25 to \$25 million.

"We always believed that the North Shore would answer our call but we have been overwhelmed with the speed with which the money was raised and the generosity and determination that people have shown to help us get the hospital we need," says Judy Savage, President & CEO of LGH Foundation. "This is a monumental achievement and we owe a debt of gratitude to Campaign Chair Ryan Beedie and everyone who contributed."

When it is built, the new Medical & Surgical Centre will be the most technologically advanced health care facility in BC.





LEFT TO RIGHT: Tara Deeth, Jane Henry & Nicole Roy. Karen Mayo, & Dr. John Vyselaar.

# Health Care Awards

Health care workers from across the North Shore were honoured at the 12th Annual North Shore Health Care Awards held at Lions Gate Hospital in January.

The peer-nominated awards, hosted by Lions Gate Hospital Foundation, celebrate the dedication and commitment to excellence of health care professionals from across Vancouver Coastal Health (VCH) facilities on the North Shore.

As well as the recognition of their peers, each recipient received \$1,000.

Jane Henley, Home Care Nurse, Home & Community Care, West Community Health Centre was the recipient of the **Workplace Inspiration Award**. Tara Deeth, Team Lead, Child and Youth/ Public Health, North Van Central Office was honoured with the **Dr. Les Janz Leadership Award** and Nicole Roy,

Public Health Resource Nurse – Immunization and Communicable Disease, Public Health North Shore received the **Clinical Practice Award**.

Two people were recognized for the **Spirit of Philanthropy Award**. Karen Mayo, Interim Manager of ICU and Respiratory Therapy at LGH and Dr. John Vyselaar, Head of Cardiology at LGH were both honoured for their active commitment to supporting the work of the Foundation. ❤️

**Read more about our Health Care Award recipients at [lghfoundation.com/12thhca](http://lghfoundation.com/12thhca)**

## Beyond Your Lifetime

Join author Robb Lucy for an evening of inspirational stories

Author and former CBC journalist Robb Lucy will be sharing stories and ideas for living and leaving a legacy at an exclusive event at the Kay Meek Centre in West Vancouver on Monday, May 13. **How Will You Be Remembered?** hosted jointly by LGH Foundation, West Vancouver Community Foundation and Capilano University Foundation will include book-signing and photo opportunities with the author of *How Will You Be Remembered? A Guide For Creating and Enjoying Your Legacies Now*.

### Meet Robb Lucy

- Monday, May 13
- 4.30pm-5.30pm
- Kay Meek Centre  
1700 Mathers Avenue  
West Vancouver

**Seats are limited and attendance is by registration only. To reserve your place:**

Tel: 604.984.5785  
Email: [info@lghfoundation.com](mailto:info@lghfoundation.com)

## Did you know

that 20% of funds raised to improve care at LGH come from legacies? Find out more about leaving a gift in your will by contacting our Donor Relations Manager, Sandi London.

**Tel: 604.984.5857**  
**Email: [sandi.london@vch.ca](mailto:sandi.london@vch.ca)**

## A Donor for All Seasons

As well as providing all sorts of goodies for events and catering services to the Foundation, David Hartono, Retail Food Service General Manager at Sodexo, is a monthly donor.

He was inspired to give by long-time LGH Foundation volunteer Mehri Parsi and his desire to give back to the hospital community. "It has been a real pleasure working at LGH and I want to do something that supports this community," he says. "Being a monthly donor is an excellent way to help the hospital. If everybody shares the same mindset we can build something great."

When you become a monthly donor for LGH Foundation, your support enhances care all year round. You become the backbone for major, long-term campaigns and enable us to have



funds available to cover the cost of smaller purchases for many different departments in the hospital.

Monthly donations are easy to set up. You decide the amount you would like to give and the Foundation will set up automatic payments directly from your bank account or credit card.

**For more information, please go to [lghfoundation.com/donate-monthly](http://lghfoundation.com/donate-monthly) or call Sandi London at 604.984.5785.**

# The Gift of Solace

Following the sudden and tragic loss of her husband, Anne Herbert made a generous and thoughtful tribute gift that will provide comfort for families visiting patients in the Intensive Care Unit (ICU) at LGH.



The ICU waiting room has been given a make-over in memory of William Herbert who spent a week in the ICU last spring.

In the spring of 2018, Anne's husband William suffered a rare complication after a skiing accident at Whistler. During his first night in the ICU Anne tried to get some rest in the family room. She noted that the careworn room had seen better days.

For the next week, the room was the gathering place for the Herbert family as they waited and hoped for an improvement in his condition.

Before his accident William had been a marathon runner, an active cyclist and ski instructor who loved the mountains and physicians hoped that his fitness levels would improve his chances of recovery. He spent a week in ICU at

LGH before he was air-lifted to a New Jersey hospital to be closer to his home in the States. Bill sadly died a month after the accident.

Despite grieving the loss of her husband of 46 years, Anne decided to do something to support future families who would need the refuge of the family waiting room while a loved one was treated in the ICU.

She set up a tribute fund in William's name to enable friends and family to make donations to the Foundation and she also made a contribution to the fund which raised \$8,650 for the refurbishment that included new lighting, new furniture and a full-room redecoration.

## Save the date

- April 6** 4th Annual LGH Community Cares Gala  
The Vancouver Club, Vancouver
- April 13** Med Ed Conference for Secondary Students  
The HOpe Centre, LGH Campus
- May 4** 19th Annual Lions Gate Hospital Gala  
Polygon Gallery, North Vancouver
- May 5** "Hike" for Hospice  
Norseman Park, North Vancouver
- May 13** How Will you be Remembered?  
Kay Meek Art Centre, West Vancouver
- Aug. 24** Cruise the Shore Cruise  
North & West Vancouver
- Aug. 25** Cruise the Shore Car Show  
Edgemont Village
- Sept. 21** 2nd Annual Persian Celebration for LGH,  
Pinnacle Hotel, North Vancouver

Full details at: [lghfoundation.com](http://lghfoundation.com)

"The family room was crowded and uncomfortable and it really needed a revamp," said Anne. "The room turned out beautiful. We are so happy to have done this. I am sure that future families will be more comfortable during a stressful time." ♥

Visit [lghfoundation.com/why-give](http://lghfoundation.com/why-give) to learn how you can help improve LGH for patients and their families

## LGH 50/50

Since it was launched in October 2018, the LGH 50/50 draw has been a big hit with staff and visitors. To date a total of \$9,317 has been raised for LGH from the monthly draw. If you are in the hospital, you can purchase tickets at the Foundation office on the ground floor weekdays from 8.30am-5pm. Tickets cost \$5 for one and three for \$10.

LGH 50/50 winners (l-r) Levy Castro from Sodexo, Celia, Candace & Pat from Evergreen House and patient Robert Wood.



# Kudos to Our Community!

Lions Gate Hospital Foundation is pleased to acknowledge the generosity of the following thoughtful supporters.

**1** A fashion and shopping event hosted by **Holt Renfrew Vancouver** in November raised \$2,573.

**2** Following their success at the Chubb Charity Golf Challenge in South Carolina, **Peake & Richmond Ltd. - General Insurance Broker** and **Chubb Insurance Vancouver**, donated their \$6,000 winnings to LGH Foundation.

**3** Fabulous fundraisers the **Fit Fellas of West Vancouver** came together to raise \$56,673 in 2018.

**4** Grade 7 students from **Spring Creek Community School in Whistler** raised \$1,041 for the No More Tears campaign at a Valentine's dance.

**5** The insurance industry of Vancouver raised \$20,000 for North Shore Hospice by hosting the **18th Annual Gary Dorman Memorial Charity Golf Tournament**.

**6** The **2018 SHINE Gala** produced by Dean Thullner-Veljacic (left) raised a magnificent \$54,000 dollars to support mental health and addiction services for young patients at the Carlile Centre.

**7** Beth Crossman, a part-time pharmacist at LGH, raised \$760 for the No More Tears campaign (see front page story). Beth, who is the amazing photographer behind **Little Chickadees Photography**, offered cut-price photo sessions for new parents and then donated the full fee to LGH Foundation.



If you would like to support LGH Foundation through your event, please email us at [info@lghfoundation.com](mailto:info@lghfoundation.com)

## Thank you

for your support

Did you know that **100%** of your donation will help support patient care at LGH?

**Music in the Atrium** is the latest Foundation funded program that enhances the hospital environment for patients, visitors and staff. The program, which was launched in January, features performances by music therapists and local musicians. Recent performers include handpan player Johann McBee (pictured right), and guitarist and vocalist Carolyn Neapole. Performances in the Lalji Family Atrium take place once a month on the ground floor of the hospital near the 15th Street entrance and are sponsored by **Just Like Family Home Care**.

To find out how you can support the LGH Foundation Art Program, contact Joanne McLellan. Tel: 604.904.3553 Email: [joanne.mclellan@vch.ca](mailto:joanne.mclellan@vch.ca)



Visit us at [lghfoundation.com](http://lghfoundation.com)



231 East 15th Street North Vancouver  
BC Canada V7L 2L7 604.984.5785

[lghfoundation.com](http://lghfoundation.com)  
[info@lghfoundation.com](mailto:info@lghfoundation.com)