

# WELL

into the  
**FUTURE**

BRINGING LIFE-CHANGING CARE TO THE NORTH SHORE



Discover the  
healing power  
of art at LGH  
p.8

## MISSION CRITICAL

Let's equip the next  
generation to meet the  
challenge of complex  
care p.10



HOW DONOR-FUNDED EQUIPMENT SAVED A PATIENT'S LIFE p.12

# A YEAR IN THE LIFE OF OUR HOSPITAL

Thousands of people in our community rely on our hospital. Your donations help us enhance and expand care for everyone who needs it.

**DONORS SAVE LIVES.**

**DONATE AND BECOME  
A LIFE-SAVER TODAY.**



**65,914**

Visits to the  
Emergency  
Department



**30,990**

Surgeries and  
procedures  
performed



**37,890**

Community  
visits



**800**

Individuals and  
families supported at  
North Shore Hospice &  
the Palliative Care Hub



**1,283**

Babies  
delivered



**138,000**

Diagnostic/imaging  
scans performed

100% of your donation to LGH Foundation will go directly to support patient care at Lions Gate Hospital

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## WELL into the FUTURE

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We're focused on the future to support the more complex needs of tomorrow's patients.

By Anne McLaughlin



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Donors double capacity for patients in need of CT scanning.

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Cover & above: Claudette Carracedo; Inset right: Yolanda Brooks  
Cover stars (L-R): Charlotte Hill, North Shore resident and first-year undergraduate at UBC, who's planning on a career in health care; Luca Grace Harden, a fundraiser and lifelong LGH supporter; and Jonathan Yeung, who did a hockey shirt fundraiser to lift the spirits of LGH pediatric patients.

# Donor-Powered Revolution

**A NEW CT SCANNER** which arrived at Lions Gate Hospital in the spring will benefit thousands of seriously ill and injured patients.

Thanks to donations totalling \$3 million to purchase a GE Revolution HD CT Scanner and refurbish a staff observation area, the Medical Imaging department can now provide a round-the-clock CT scanning service.

The scanner, which is one of the most advanced of its kind in North America, is now in full service and in just five months has performed 1,200 scans on hundreds of patients.

Before it was installed, staff had use of just a single CT scanner. During

scheduled maintenance, which took place 16 times a year, wait times would grow and emergency scanning capacity was severely limited.

As a provincial Level 3 Trauma Centre and a Specialist Neurological and Stroke Centre, these down times at LGH created a real burden to the imaging team, who were sometimes forced to send emergency patients across the bridge by ambulance to access a CT scanner at one of Vancouver's downtown hospitals.

With the new scanner, physicians can now perform time-consuming guided procedures on one machine without having to worry about delays for patients awaiting diagnostic scans and emergency treatment.

"We are indebted to the Foundation and the generosity of donors who fund the technology and give us the opportunity to work with such cutting-edge tools," says Egidio Pasin, Site Coordinator for Medical Imaging at LGH. "With your continued support, we can provide seamless service for all patients who need it, at the time they need it."

Thank you for your generosity. You have made a tremendous difference to the care we can provide at our hospital.



Egidio Pasin, Site Coordinator, Medical Imaging

**SCAN POWER** CT (Computerized Tomography) scanners use advanced X-ray technology to produce a series of detailed cross-sectional images of the inside of the body.

They are used for the diagnosis of hard-to-see critical conditions ranging from heart disease and cancer to fractures and blood clots.

In emergency situations with trauma patients and stroke victims, fast access to a CT scanner can limit long-term damage and save lives. The technology also enables physicians to carry out complex guided-imaging procedures such as bone and liver biopsies, deep-body tumour treatment, post-surgical drainage and spinal injections.



# Back For SECONDS



**FOLLOWING THE SUCCESS** of the first-ever LGH Week last year, LGH Foundation is gearing up for another cavalcade of community celebrations in support of our hospital.

This year's Week, which is made possible with the backing of our local corporate partners McDonald's, Save-on-Foods, Shoppers Drug Mart and Moja Coffee, will include public meet-and-greets, several in-store events and special offers, competitions, and prize draws – raising awareness and funds right across the North Shore. LGH Week 2019 will run from September 28 to October 5. To find out how you can support the event, go to: [lghfoundation.com/lghweek](http://lghfoundation.com/lghweek). ■

## SPRING SOCIALS

**LGH FOUNDATION'S SPRING** galas raised more than \$1.3 million to support patient care at Lions Gate Hospital.

The 4th Annual LGH Community Cares Gala was held in April at the Vancouver Club in downtown Vancouver. A total of **\$208,152** (net) was raised – a record for the event.

A month later, the 19th Annual Lions Gate Hospital Gala raised an impressive **\$1,182,207** (net) following a glamorous night of fundraising at the sparkling Polygon Gallery in Lower Lonsdale.

Thank you to our guests, sponsors and volunteers who dedicated many months of planning to ensure the success of these events. ■



Above: Asian Advisory Committee.  
Right: Gala Committee Chair Farah Sayani and LGH Foundation Board Chair Pierre Lebel at the 2019 Lions Gate Hospital Gala.







## A COMMUNITY CELEBRATES

**LGH FOUNDATION WOULD LIKE** to thank the Persian community of the North Shore for launching a new fundraising event to support patient care at Lions Gate Hospital. A Persian Celebration, which was hosted at the Hollyburn Country Club in July 2018, raised an impressive total of **\$140,000** (net). A much-anticipated follow-up Celebration was hosted at the Pinnacle Hotel on September 21. For more details, go to: [lghfoundation.com/event/pc2019](http://lghfoundation.com/event/pc2019). ■

Thanks to the hard work of the organizing committee, more than 230 people attended A Persian Celebration in 2018.

## NEXT-GEN MEDICS

### CONGRATULATIONS TO OUR

volunteer Youth Advisory Committee, who successfully hosted its first-ever MedEd Conference at The HOpe Centre in April. The event, aimed at senior secondary students interested in a career in health care, featured a stellar lineup of guest speakers including surgeons, nurses, medical students and residents. The sold-out event, sponsored by Options Solutions Educational Consultants, raised more than \$2,100 for LGH.

A second MedEd Conference is planned for the spring of 2020. Look out for details on our website at [lghfoundation.com/events](http://lghfoundation.com/events) and our social media channels early next year. ■

Neurosurgeon Dr. Danny Mendelsohn was one of several guest speakers to attend the inaugural MedEd Conference.





## A TOWERING ACHIEVEMENT

**THE NEW SKYLINE AT LGH** is a sign of the changing times at our hospital.

In May, three 42-metre-high stainless steel flue stacks were hoisted into place above the new underground energy centre which will service the future Medical & Surgical Centre as well as the rest of the LGH campus.

Planning for this state-of-the-art Centre is now well underway following the successful completion of the campaign to raise \$100 million. With the full support of the North Shore community, the \$100-million goal was reached in just 23 months.

More than 6,400 donors answered our call to support the development of the high-tech facility with gifts ranging from \$25 to \$25 million generously given by individuals, families, schools, businesses and community groups.

"It was very exciting to hit the magic mark of \$100 million," says Paul Myers, whose exceptional \$25-million donation set the campaign on the road to success. "We need this facility as soon as possible and I'm delighted that the North Shore community came together to make sure that we have the hospital infrastructure that can support advances in modern health care. Everybody involved in this campaign worked so hard and this is something very special."

When it is built, the new Medical & Surgical Centre will be the most technologically advanced health care facility in B.C. It will have 108 private patient rooms, eight state-of-the-art operating rooms, a new medical device sterilization department and a surgical daycare.

Construction continues on the new energy plant and once it is completed early next year work will begin on the Medical & Surgical Centre next summer, with completion slated for 2023. ■

## WITH GRATITUDE

**LGH FOUNDATION WOULD** like to offer sincere thanks to Pierre Lebel, who is stepping down as Chair of the Board of Directors after three years in this highly influential volunteer role. Pierre guided the Foundation through one of the busiest periods in its history, including the completion of the Medical & Surgical Campaign, the development of the Carlile Centre for youth mental health, the opening of the Outpatient Care Centre and the expansion of North Shore Hospice.

"I can't describe how special and immensely rewarding these years have been," Pierre says. "LGH is an extraordinary and seriously busy regional hospital staffed by skilled and caring professionals at every level. They are truly the very special among us."

"I have also enjoyed the unwavering support and contribution of our past directors, honorary directors, Doctors of Philanthropy and the very special families that have contributed time, talent and treasure to our many campaigns. I would like to express my great admiration and thanks to everyone who has made a contribution to improving health care at LGH."

Adds LGHF President & CEO Judy Savage: "Pierre has been a great advocate and cheerleader for improved care in our community; the Foundation and the wider hospital community are grateful for his wit, wisdom and impactful leadership."

Michael O'Callaghan has taken up the position of Chair, while Pierre will continue to serve on the Executive Committee of the Board. ■



Departing LGHF Chair Pierre Lebel with LGHF President Judy Savage.





Music therapist Meaghan Jackson (left) alongside music therapy intern Tracy Laslop.

## A HEALING SPACE

**A BEREAVEMENT SUPPORT** program to help children dealing with issues of loss and the terminal illness of close family members has been launched at the Every Day Counts Centre at North Shore Hospice.

Meaghan Jackson, a music therapist who works across palliative services at LGH and the Hospice, saw a need to provide more support for families on the North Shore. With input from physicians, nurses, therapists and families, she developed two child-focused pilot programs to support grieving families in need.

“It can be really scary for a kid to not know anyone who has a sick parent or know anyone who has had a parent that died,” says Meaghan. “It’s really about making connections with other kids so it doesn’t feel quite so lonely.”

The Kids Care Group offers emotional support to children while

a loved one is still alive. The Kids Grief Group supports children who have suffered a loss.

Both programs offer a safe and understanding space for children to access free counselling, take part in shared activities and find much-needed peer support.

During the after-school pilot program which ran in the spring, families met at monthly drop-in sessions at the Every Day Counts Centre. After gathering as a group, adults and children took part in separate group therapy sessions.

The children’s meeting space on a colourful rug amongst bright, cozy cushions provided a relaxed setting for them to express themselves and share their stories, memories and feelings.

“We need to offer this space to allow their emotions to be expressed through art, through play, imagination and also fun and

just be kids,” Meaghan explains. “They need space to express themselves and a place to be themselves without feeling out of place. It is really nice to be in a space where everyone else has had a similar experience.”

Following the success of the pilot scheme, monthly drop-in sessions for the Kids Care Group and Kids Grief Group are scheduled to start in early October.

These new services have been made possible through the kindness of donors who enabled the purchase of equipment, supplies and food to support the sessions.

Kids Care Group and Kids Grief Group are just two of the many outpatient initiatives offered by the Every Day Counts program. For full details of support services available for people dealing with life-threatening illness, contact 604.363.0961 or [everydaycounts@vch.ca](mailto:everydaycounts@vch.ca). ■

# Where the Walls Come to Life

The Healing Power of Art program enhances patient care by turning the halls of LGH into a vibrant gallery

BY **YOLANDA BROOKS**

**ON THE WALLS** of Lions Gate Hospital, flowers bloom, mountains rise, landscapes shimmer and North Shore landmarks are reimagined through the eyes of local artists.

Thanks to the art donation program, known as The Healing Power of Art, the therapeutic environment of the hospital and surrounding facilities have come alive.

Not only does the artwork bring joy, solace, distraction and a different perspective to patients, staff and visitors alike, it has created a unique showcase for artists from across British Columbia.

Beloved B.C. artist Gordon Smith, who celebrated his 100th birthday this year, gave us the first donation – *Lighthouse Park*, a serigraph with acrylic – in 2012. Since his original donation, the collection has grown to 500-plus works valued at \$1.3 million.

Some, like Emily Carr's *Wind in the Woods*, are donated by private collectors. Many others, like *Lighthouse Park*, are donated by the artists themselves.

The project was inspired by a similar one at Vancouver General Hospital and took shape during the construction of The HOpe Centre,

explains Joanne McLellan, LGH Foundation's Manager, Gift Planning. "The whole design of the building was intended to help destigmatize mental health issues. It was designed to look less institutional and populating the building with art was part of the plan," she says.

Since its inception, the collection has grown into a major undertaking, and even has its own volunteer curator. Local artist and member of North Shore Artists' Guild Edith Warner was chosen for the role for her artistic skills and knowledge as well as her computer capabilities.

Edith is part of a team that adjudicates donated works. She also plans appropriate locations for the artwork, arranges installations and manages the database that keeps track of everything.

Installation days are her favourite. "We just spend the whole day making people happy and I love it," says Warner. "We get such great comments and people who have been coming here for a long time comment about how wonderful it has grown and what a difference it makes to the hospital environment. Anytime I stop and talk to people in the hallways they can't say enough good things about it. This is a really wonderful program and there is no doubt that art has a healing power."

Wanda Doyle is one such appreciative patient. In March

2019, Doyle, an artist herself, was getting ready to participate in the annual North Shore Art Crawl. Instead, she spent the weekend as a patient at LGH after her appendix ruptured. "I had great pleasure in walking around the halls on Sunday as I was recovering. I loved seeing all the art on the walls and what a difference the paintings make. Going to the hospital usually means health worries and the paintings help transport patients and visitors, even if for a few moments, into a place of peace, relaxation and beauty."

The program would not be possible without the generosity of hundreds of collectors and artists, especially members of the North Shore Artists' Guild, who have always been very supportive, says Warner. "The donations from local artists have been just wonderful and they're so generous with the work that they send in, and are pleased to be part of the collection."

The Healing Power of Art continues to flourish. Works are on display at LGH, the Palliative Care Hub at North Shore Hospice, The HOpe Centre, Evergreen House and the community health centres in North and West Vancouver. ■

*You can enjoy more works from the Healing Power of Art collection on our Instagram page @lghfoundation.*







Above: *67K10 Electric Crystal Landscapes*, 2010, by artist Douglas Coupland.

Below: Curator Edith Warner with Jilly Watson's *Bridge to the Magical Forest*, which now hangs in the adult unit of The H0pe Centre.







We need modernized equipment to ensure LGH is ready and able to support the changing health care needs of our community.



# NEXT-GENERATION HEALTH CARE

The future is in their hands. Help us give them the tools they need to meet our changing health care challenges.

BY **ANNE MCLAUGHLIN** PHOTOGRAPH BY CLAUDETTE CARRACEDO

**L**ife-changing care is coming to LGH faster than we ever imagined and the investments we make today will provide a strong foundation for the next generation of medical professionals as they deal with higher patient intake and provide treatment for patients with more complex conditions. We're seeing these changes right now.

Every day, around 120 people in our community arrive in the Jim Pattison Emergency Centre at Lions Gate Hospital with a serious illness or life-threatening injuries. They require urgent intervention and the care they receive in the hours, days and weeks following admission will have a lasting impact on their lives.

Since 2007, the number of Emergency patients requiring advanced levels of care at LGH has doubled; it's a trend seen at hospitals across the Lower Mainland. There are multiple reasons for this, including more people now living in the communities served by the hospital and an aging population that tends to have more complex medical problems.

LGH is also a major Trauma Centre, one of only five Neurosurgical Centres in B.C., and a Regional Advanced Stroke Centre, so staff are called on to treat more seriously ill patients than a traditional community hospital.

With sicker patients being admitted, there is a greater need to provide specialized critical care services, explains Dr. Ross Brown, Co-Senior Medical Director at LGH and a trauma and general surgeon.

"We are seeing Lions Gate going from a small community hospital serving the North Shore into taking on a more significant role within the

health authority, supporting not just the North Shore but the Coastal Community of Care, which stretches from the North Shore up to Bella Bella and Bella Coola on the Central Coast."

The ability to deal with the growing number of complex medical cases has been aided by the support of the LGH community of donors, says Karin Olson, Chief Operating Officer for Vancouver Coastal Health's Coastal Community of Care.

"Thanks to the generosity of donors, we have been able to provide such a high level of care, with new technology and equipment that has allowed us to reach beyond being a typical community hospital."

In response to the major shift in the needs of patients, there is an ongoing need to offer increased critical care and "high acuity" medical services, she says.

Critical care services are provided in several units across the hospital, including the Intensive Care Unit, Emergency, the operating room's post-anesthesia recovery room, the Surgical Close Observation Unit and the Neurosciences Critical Care Unit. Now, LGH is planning for the future,

and preparing to modernize critical care provision. As well as specially trained health care professionals and new innovations in clinical practice, we will need to ensure that patient care areas have the most up-to-date technology for diagnosis, ongoing monitoring and treatment.

"The finite resources of public funding only take us so far," Olson says. "The Foundation is so committed to ensuring that anyone who needs care on the North Shore – at Lions Gate, the hospice, The HOpe Centre or our other facilities – is presented with the highest level of care possible."

To support the growing need for critical care at Lions Gate and support future patients, we need your help to purchase new equipment and technology. When seriously ill patients arrive at LGH, time and technology are crucial. Quick access to the right resources can be the difference between life and death, or a faster and fuller recovery.

A donation from you will help provide the equipment and resources to staff working on the front line of critical care. ■

## CRITICAL CARE NEEDS

Physiological Monitors/Central Station (12)	\$420,000
Stryker S3 Ward Beds including gel mattress (12)	\$120,000
Crash Cart	\$30,000
Infusion Pump (12)	\$72,000
Hamilton T1 Ventilator (2)	\$90,000
Patient Lifts (12)	\$120,000
Bladder Scanner	\$16,000
Glucometer (3)	\$9,000

**100% of all donations received will go directly to support critical care facilities and equipment at LGH. Make a donation today at [lghfoundation.com](http://lghfoundation.com).**

# A HEALTHY INVESTMENT



Joan Proudfoot is one of a growing number of donors who give the gift of stock.

**AS A RETIRED ACCOUNTANT,** Joan Proudfoot is a smart investor and an even canner donor – which is why she gives the gift of stock to LGH Foundation.

Making a donation of securities (stocks, bonds and mutual funds) is a strategic way to make money go further that benefits both the donor and LGH, explains Joan.

“It allows me to give more because I get the tax advantage.

The hospital is not charged for the capital gains. The hospital keeps the tax and I get to give more money without paying more taxes. It is a win-win for everyone.”

Lions Gate Hospital is a place of great significance for Joan; her siblings were born there and she’s spent much of her life on the North Shore.

She’s been a supporter of LGH since 2001 and became more involved in fundraising during the campaign to build the new Emergency Department back in 2005. She has been steadfast in her support ever since and has made traditional cash gifts to many different areas of the hospital as well as stock gifts.

She’s also a member of LGH Foundation’s Women’s Giving Circle, which funds smaller projects that

## HOW TO DONATE STOCK

Giving securities and mutual funds is straightforward but you should discuss options with your investment adviser or broker to make the most efficient donation possible.

Once you have decided which assets you want to give, download a Letter of Direction from [lghfoundation.com/letter-of-direction](http://lghfoundation.com/letter-of-direction), fill it in and pass it on to your broker.

You will receive a tax receipt for the full market value of your contribution and you will not be taxed on the capital gains. The Foundation will get the benefit of the capital gains.

For more information, go to [lghfoundation.com/ways-to-give](http://lghfoundation.com/ways-to-give) or call the Foundation at 604.984.5785.

can make a huge difference to staff and have an immediate impact on patient care.

“The team at the Foundation does such an amazing job and it has been a joy working with them to support the hospital.” ■

## The Will to Give

Rosemary Hill, a Registered Nurse at LGH, is supporting the future of the hospital in her will.

**FOR 37 YEARS,** Rosemary Hill watched and worked as LGH evolved. Fresh out of nursing school in 1982 she started her professional life in the Intensive Care Unit. After 12 years working with critical patients and a few career detours, she’s now a very experienced Registered Nurse specialized in wound, ostomy and continence care at LGH.

In 2016, Rosemary came across a revolutionary device she believed would transform the care of patients

dealing with chronic wounds.

However, she knew there was no money in her department’s budget and turned to the Women’s Giving Circle at LGH Foundation for help.

With a donation of \$6,500, the Wound Care Team was able to purchase the touchscreen MolecuLite i:X, which detects the presence of bacteria in wounds and the size of wounds on an easy-to-read display.

“We were one of the first hospitals in Canada to use it and the device





Tony Herunter and his dogs Henry & Harry enjoy a walk.



## CHIPPING IN FOR CHARITY

For the past two years, Tony Herunter has been Co-Chair of the Lions Gate Hospital Golf Classic, which is the Foundation's longest-running fundraising event. Together with Co-Chair Jamie Switzer and 12 volunteers, he helped organize the 23rd annual Golf Classic, which raised \$451,611 (net). The event, which draws business and community leaders from across Metro Vancouver, is hosted by members of Capilano Golf & Country Club. During its 23-year history, over \$8 million has been raised to support LGH.

# From the Heart

**AS A DONOR** and active supporter of LGH, Tony Herunter is a big believer in community support for our hospital.

For the past five years, the North Shore management consultant has volunteered on the Golf Committee, which organizes the Lions Gate Hospital Golf Classic – the Foundation's most successful outdoor fundraising event.

Eighteen months ago, he saw firsthand the difference donors

make when he was admitted to the LGH Emergency Department with chest pains and a racing heart.

While out walking his dogs, shortness of breath and chest pressure was becoming a common occurrence. At first, he suspected a lung infection or common-and-garden middle age, but it turned out to be something much more serious – coronary artery disease.

From the Emergency Department, Tony was referred to the Cardiac

Team, who carried out a stress test, which can provide a true measure of heart function when the heart rate is elevated. While he was on the treadmill and hooked up to monitors, the Cardiac Team could see something was seriously wrong. LGH's Head of Cardiology, Dr. John Vyselaar, was then able to diagnose arterial blockages and following more tests Tony was booked in for quintuple bypass surgery, performed at St. Paul's. All of the equipment used in his stress test was purchased thanks to donations.

"As an active family man, the diagnosis was a shock," reveals Tony. "I had no family history and my blood pressure and cholesterol were at acceptable levels. I had no reason to believe that I could have heart issues."

Tony looks back on his time as a patient with a sense of relief and gratitude. Not just for the technology available to him close to home on the North Shore but to the "dedicated and hardworking" staff who supported him. "I kept thinking about how important it is to equip these professionals with the tools to do their jobs more efficiently. State-of-the-art equipment and systems make hospitals more efficient and safer for the patients and staff. They also help retain and attract the best health care professionals – and that's what I had at LGH." ■

has been a game changer for the patients in wound and ostomy care," she says. "The Women's Giving Circle listened to our proposal, saw the value in it and the gift they made continues to change and enhance people's lives."

As a longtime staff member, Rosemary has seen the positive changes that have taken place because of generous donors. As well as the MolecuLite, she has received funding through the Foundation's staff education grants; two years ago, the Women's Giving Circle funded an educational Ostomy Day for patients and to this

day, Rosemary receives messages of thanks from ostomy patients, who can struggle to find practical support and information.

Rosemary was inspired to make a gift of her own to LGH Foundation. "I was long overdue renewing my will and so when I was going through that, I thought I would like to leave something behind for Lions Gate. It's such a huge part of my life and I also see how much it impacts patients. Donors make a difference in so many people's lives and I want it to continue after I'm gone."

Learn more at [lghfoundation.com/legacygiving](http://lghfoundation.com/legacygiving). ■

# 2019 CHAIRMAN'S CIRCLE MEMBERSHIP

**LGH FOUNDATION** honours the visionary supporters who have made significant donations by welcoming them to our Chairman's Circle. With cumulative contributions of \$100,000, their philanthropic spirit has a tremendous impact on patient care across the publicly funded health care facilities on the North Shore. We are thankful for their continued support.



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*We would also like to thank those Chairman's Circle members who have requested to remain anonymous.*

For more information, please contact Louise Campbell, Vice President, at 604.904.3561 or [louise.campbell@vch.ca](mailto:louise.campbell@vch.ca).



## THANK YOU!

**I'M DR. JOHN VYSELAAR, HEAD OF CARDIOLOGY**, and I've worked at LGH for a decade. During that time, I've seen firsthand the difference that donors make to the level of care available to our patients.

I know from experience that when patients are in need of life-saving and life-enhancing treatment, we can better meet their needs because our donors give us access to modern technology, more care options and updated facilities.

In the Cardiology Unit, the Foundation has invested your donations in numerous pieces of testing and diagnostic equipment, which has improved the quality and depth of cardiac care available at the hospital.

Changes like this are happening all across the LGH campus – in outpatient care, the NICU, the Palliative Care Hub, the Emergency Department, Neurosurgery and more. And it's happening because it's what our community needs and what donors like you are generous enough to support.

You really do have a huge impact on patient care, and my colleagues and I at LGH are thankful every day for your generosity.

Dr. John Vyselaar  
Head of Cardiology at LGH



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