THE PULSE



FALL 2019 / BRINGING LIFE-CHANGING CARE TO THE NORTH SHORE



Critical care patients at LGH need specialist care.

A Heartbeat Away from Life-saving Care

LGH is treating a record number of critical care patients and we need more advanced life-support equipment to help them recover from life-threatening illness and injury.

The number of patients requiring critical care at LGH has doubled in a decade and we need your support to help modernize our critical care infrastructure

In the past year more than 65,914 people visited the Emergency Department at LGH. Around 70% (46,139) suffered a serious illness or injury that required advanced levels of care.

As our community continues to grow, and the population ages, the hospital will treat more and more patients needing this type of care. Critical care patients don't require the support available in the Intensive Care Unit but they do need higher levels of treatment and attention than regular patients.

These patients are treated across different acute units in the hospital and

ment to ensure that the right resources are available to support the growing need.

In the past year more than 65,914 people visited the Emergency Department at LGH

often have long-term serious medical problems such as heart, lung and kidney disease on top of the latest health care issues that led to their admission.

Care is more complicated for patients with existing health issues and the potential for their condition to become life-threatening is ever present.

To support staff and provide more specialized and comfortable care for patients, LGH Foundation is raising funds to purchase critical care equip-

With the updated technology and equipment our staff will be able to establish a new standard for critical care services that help patients make the best possible recovery and support the changing needs of our growing community.

When you donate to LGH Foundation, 100 % of your donation will be used to help purchase specialized equipment. Please donate today.

Ighfoundation.com/critical-care

The Critical List

Equipment we need to support our patients include non-invasive breathing machines, hands-free communications devices for staff, a bedside patient-activated distress system, a central monitoring system capable of tracking cardiac patients, beds with in-built technology allowing caregivers to monitor patient movement, positioning and activity levels and bladder scanners which reduce the need for invasive catheterization.

CRITICAL LIST	COST
Patient Emerg. Call System (1)	\$300,000
Beds (12)	\$120,000
Hands-free comms system (1)	\$100,000
Central monitor (1)	\$100,000
Non-invasive ventilators (4)	\$80,000
Bladder scanners (1)	\$16,000







Man with a Scan

With a new CT scanner installed at LGH in March, medical imaging staff have been able to carry out an extra 1,200 exams on patients in just six months. The purchase of the GE Revolution CT scanner and the building of the new staff observation area was made possible with \$3 million in donations.

CT scanners provide more sophisticated imagery than a standard X-ray and enable radiographers to visualize a wide range of conditions such as cancer and blood clots, complex bone fractures and internal bleeding. The new CT scanner can also be used to support physicians during guided procedures.

With two scanners now in operation at LGH, the medical imaging team is on track to provide an extra 5,000 plus scans a year. That's great news for patients waiting for diagnosis and treatment with this life-saving technology.

Bridging the Gap

LGH Foundation, Capilano Suspension Bridge Park and Nancy Stibbard owner and CEO came together over the summer to improve care for critically ill patients.

The team at the North Shore's iconic tourist attraction helped raise \$83,752 to buy advanced new ventilators to support the most seriously ill patients in the ICU at LGH. The Park pledged to match donations from our supporters, boosting funds and allowing us to support more of the most seriously ill patients on life-support systems.

Capilano Suspension Bridge Park also gave away 100 Annual Family Passes worth \$188 each through a special draw to celebrate the campaign.

Thank you to Capilano Suspension Bridge Park and all of the donors who helped make the campaign a success.

Xmas Card Contest

The search is on for a young artist or designer who can create a colourful and festive design for the LGH Foundation 2019 Christmas Card Collection.

Our annual Christmas Card Contest is open to schoolage children from Grades 4-12 who live or study on the North Shore. The winner will receive a \$100 gift certificate to spend at Park Royal.

We love designs with a local theme and all submitted artwork should fit a 7"x5" (portrait or landscape) format.

The closing date for entries is Friday, October 11 at midnight. Entries must be submitted by email to: info@lghfoundation.com

Top left: Egidio Pasin, Site Coordinator for Medical Imaging is excited about the extra scanning capacity now available at LGH. **Above:** Two-time winner Paige Eskes with her winning 2018 design.

Cruise the Shore

Cruise the Shore weekend on August 24 & 25 which featured a cruise across the North Shore and a show and shine event in Edgemont Village, ended on a high note. The Cruise the Shore for LGH 50/50 hit a jackpot of \$37,525 and the winning ticket was pulled at the close of the event. All proceeds raised from the 50/50 draw and the show, which was organized by a team of car enthusiasts, will go to improve the patient experience at LGH. Thank you!



Foundation volunteers raise funds at Save-on-Foods Pemberton during the 2018 LGH Week



Get ready for the second annual LGH Week from September 28 to October 5. The week for raising awareness and funds for our hospital is supported by local corporate partners McDonalds, Save-on-Foods, Shoppers Drug Mart and Moja Coffee. They'll be raising funds instore and hosting special events throughout the week and we'll be showcasing the difference donors make to our hospital.

We'll also be joined by other local businesses and community organizations to raise funds to purchase state-of-the-art equipment to improve care for critically ill patients.

Please check our website and social media channels for details. **Ighfoundation.com**



A Class Act

From childhood to Hollywood and back LGH has played a recurring role in Anthony Dodd's life. The veteran actor who once shared a scene with Brad Pitt in Legends of the Fall, remembers having his tonsils removed at the old North Vancouver General Hospital back in the 50s.

Years later when his parents required treatment his appreciation for the hospital grew as he saw first-hand the dedication and care shown to his parents by LGH staff.

Anthony has been a regular donor for many years but decided he wanted to do something more and he has made provision in his will to make a gift to the hospital.

"I go way, way back with the hospital and I've seen a lot of changes. I've even benefitted from some of the equipment that was purchased through the Foundation, he says. "I have always wanted to give something back. I don't have a lot but I would much rather it go to the hospital than the government."

These days Anthony doesn't spend too much time on stage or hanging out on film sets but he has taken a starring role as a volunteer in his community.

For the past ten years he's been a regular visitor to the residential care facility Evergreen House where he accompanies patients to the Hospital Chapel for spiritual visits. He also performs with the St Catherine's Anglican Church jazz band which plays regular benefit performances for good causes.

Thanks to the support of donors like Anthony, the hospital is able to evolve and change faster to adapt to the needs of the community it serves.

A Swashbuckling Success

A rollicking time was had by all at the 6th Annual Nip Tuck Classic held at North Vancouver Lawn Bowling Club on August 22.

More than 200 people dressed in their best pirate gear attended the sold out event which raised a total of \$48,299 to support technology and clinical innovation to enhance the experience of patients.



Nip Tuck emcees and co-captains Kyle McLellan and Mike Richmond party like pirates.

If you would like to learn more about leaving a gift in your will, please contact Sandi London.

Tel 604 984 5857; Sandi.london@vch.ca

Comfort in a Crisis

A team of LGH Foundation volunteers are running a program to provide comfort kits to patients in need

When patients turn up at LGH with a sudden health issue, they often arrive with just the clothes on their back.

Some have no friends or family nearby and cannot rely on visitors to supply basic personal items.

Patients who have suffered a sudden serious illness, such as a stroke, heart at-

tack or an accident, can find themselves stuck on a ward without the life necessities that would make their stay more comfortable.

To support these acute care patients, LGH Foundation has created a Patient Comfort Kit. The kits, which will be packed with essential items such as shampoo, body lotion, lip balm and a notepad and pen, will be distributed by a team of Foundation volunteers led by Lori Baker, who worked as a Registered Nurse, trauma coordinator and educator during her 27 years at LGH.

"I used to get a lot of patients who came in with nothing and I think this is a great idea," says Lori. "It is these little touches that can make a difference to patients. It makes them feel like they are really cared for."

The Patient Comfort Kits will be distributed to LGH patients starting this fall.



- 1 The 19th annual Grace Open Golf **Tournament, hosted by the North Shore Pacific Grace MB Church,** was victorious in raising \$26,700 to support technology and innovation at LGH.
- 2 Over the last 12 years Rob Parrott and Doug Grisdale, owners of Mangia E Bevi Ristorante in West Vancouver, have successfully raised a fantastic \$185,193 through their annual BACIO fundraiser to help cancer patients at LGH.
- **3 North Vancouver Firefighters Charitable** Society and the City of North Vancouver Fire **Department** donated \$15,000 for the purchase of a rapid infuser for the Emergency Department with donations collected at the annual Park & Tilford Hi-Light Festival.
- 4 Capilano Beaver Scouts prepared and delivered 35 care packages for children admitted to LGH. The packages contained activity books, stickers, crayons, games, and a hand written note of hope to help brighten a young patient's stay.
- **5** Thank you to **Save-On-Foods** and their customers who raised \$20,000 for LGH through a number of fundraising events over the past year including weekend donation drives, special sales on food and drink items, and a themed Cinco De Mayo event. Store managers also made several food and drink donations to support fundraising events.
- **6** True Colour Art Gallery in North Vancouver raised \$1,000 during their Spring Exhibition in support of technology and innovation at LGH.
- **7** We are grateful to the folks behind the super successful BC Cider Festival who made LGH the beneficiary of their fundraising efforts and raised \$4,500 during the 2019 event at the Pipe Shop at the Shipyards.

Thank you for your support

Did you know that 100%

Ighfoundation.com/donate

Kudos to Our Community!

Lions Gate Hospital Foundation is pleased to acknowledge















If you would like to support LGH Foundation through your event, please email us at:

info@lghfoundation.com



Visit us at **Ighfoundation.com** •





