

WELL

into the
FUTURE

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New HOpe

The HOpe Centre heralds a new age of advanced care for patients living with mental illness and addictions

plus

- NOW – The Next Step at LGH
- New Approach to Emergency Care
- At-Home Medical Services for Seniors

Help us make a difference to health care for our community



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Cover and this page: Paul Joseph

Celebrating Success, HOpe and Progress

FOR CLOSE TO 30 YEARS, our Foundation, with the community's enthusiastic support, has raised the funds needed to support excellence in health care at Lions Gate Hospital – for you, for your family and for our community. Together we've achieved great things, now including the opening of the \$62-million HOpe Centre (The Greta and Robert H.N. Ho Psychiatry and Education Centre). At last, people experiencing mental illness will have the help and resources they so desperately need. Thanks to the Ho family's generous gift and leadership, and with the support of our more than 5,000 campaign donors, we have brought new HOpe to our community.

This year we also celebrated the completion of two major equipment campaigns, which brought two new SPECT/CT gamma cameras to Nuclear Medicine and a state-of-the-art CT scanner to Radiology. Our special thanks to Dr. Philip Cohen, who generously matched donations dollar for dollar to help bring the new gamma cameras to LGH. We would also like to thank everyone involved with our annual Gala and Golf Classic events, which together contributed \$1.565 million to the \$2.5 million campaign.

The momentum continues. With The HOpe Centre now complete, the Foundation has its eyes trained on its next project – **The LGH NOW Campaign.** Our vision, as part of the long-term master plan for LGH, is to raise the funds needed to build a new Outpatient Care Centre and a contemporary Atrium – the new heart of the Hospital (see page 8).



It takes a community to build a great hospital. We would like to extend our sincere thanks to you and the many other donors, businesses and organizations who have given so generously to support continued excellence in health care at LGH. We would also like to thank our hardworking board, committees, and event and office volunteers, as well as our next generation of philanthropists on the Youth Advisory Committee and Young Professionals Committee. Working together, our future is bright.

Paul Hamilton

Paul Hamilton
Chair, LGH Foundation

Judy Savage

Judy Savage
President, LGH Foundation



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WELL into the FUTURE

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Endobronchial Ultrasound Speeds Diagnosis for Lung Cancer

The way and the speed with which patients with lung cancer are diagnosed and treated at Lions Gate Hospital (LGH) has taken a dramatic leap forward, thanks to a \$300,000 grant from the Dr. Klimo Fund and an anonymous donor that has brought Endobronchial ultrasound-guided transbronchial needle aspiration (EBUS TBNA) to LGH.

Patients with lung cancer (a leading cause of death for both men and women) typically present with enlarged lymph nodes in the chest. The status of these lymph nodes indicates the stage of the cancer, which is critical for determining treatment.

Up until now, doctors at LGH have had to sample these lymph nodes “blindly” or by using a surgical procedure called a mediastinoscopy, where a thin scope is

inserted into the space between the lungs (mediastinum) through a small incision in the neck. But EBUS TBNA, which uses ultrasound to guide a small telescope through the mouth and airways to enable the sampling of the tissues outside the lungs, has changed all that.

Dr. Rajesh Mainra, division head of respiratory medicine at LGH, says EBUS TBNA is not only less invasive than mediastinoscopy, it’s more accurate, has a lower complication rate, and can be used to sample both enlarged and non-enlarged nodes as well as nodes not accessible through mediastinoscopy.

For patients with lung cancer (and other pulmonary diseases), EBUS TBNA means much faster access to accurate diagnosis and potentially life-saving treatment. ■

DONOR GIFT HELPS BUILD MOTHER-BABY BOND

The equipment needed to heal premature or ailing babies takes many forms, but perhaps the most unique is LGH’s Neonatal Intensive Care Unit’s new Kangaroo chair. This specially designed recliner harnesses the healing power of a mother’s touch by allowing moms to cuddle their newborns, skin to skin, while safely seated in a reclined position. Angela Stimson was among the first to use the chair when her son, Riley, was born premature. For Riley, being snuggled on his mom’s chest allowed him to feel her warmth and relax to the soothing rhythm of her heartbeat. “The reclining went into cuddle time for both of us,” says Stimson. “And as a new mom, it was also really nice to have your feet up.” The Kangaroo chair was made possible by a donation from Patricia and Kevin Huscroft. ■



New mom Angela Stimson with her son, Riley

UNDERSTANDING STROKE

STROKE IS THE LEADING CAUSE OF acquired long-term disability in adults in BC, as well as the third-leading cause of death. This being the case, it’s comforting to know that Lions Gate Hospital is not only one of BC’s five neurosciences centres, it is also the Advanced Stroke Care Centre for our community and region. LGH’s stroke response and care team, comprising five neurologists and led by Dr. Don Cameron, division head, Neurology, assess and treat stroke patients 24/7, 365 days a year, supported by an interdisciplinary team that focuses on stroke care for patients from Emergency to the In-patient Stroke Unit, through to In-patient and Outpatient Rehabilitation Services.

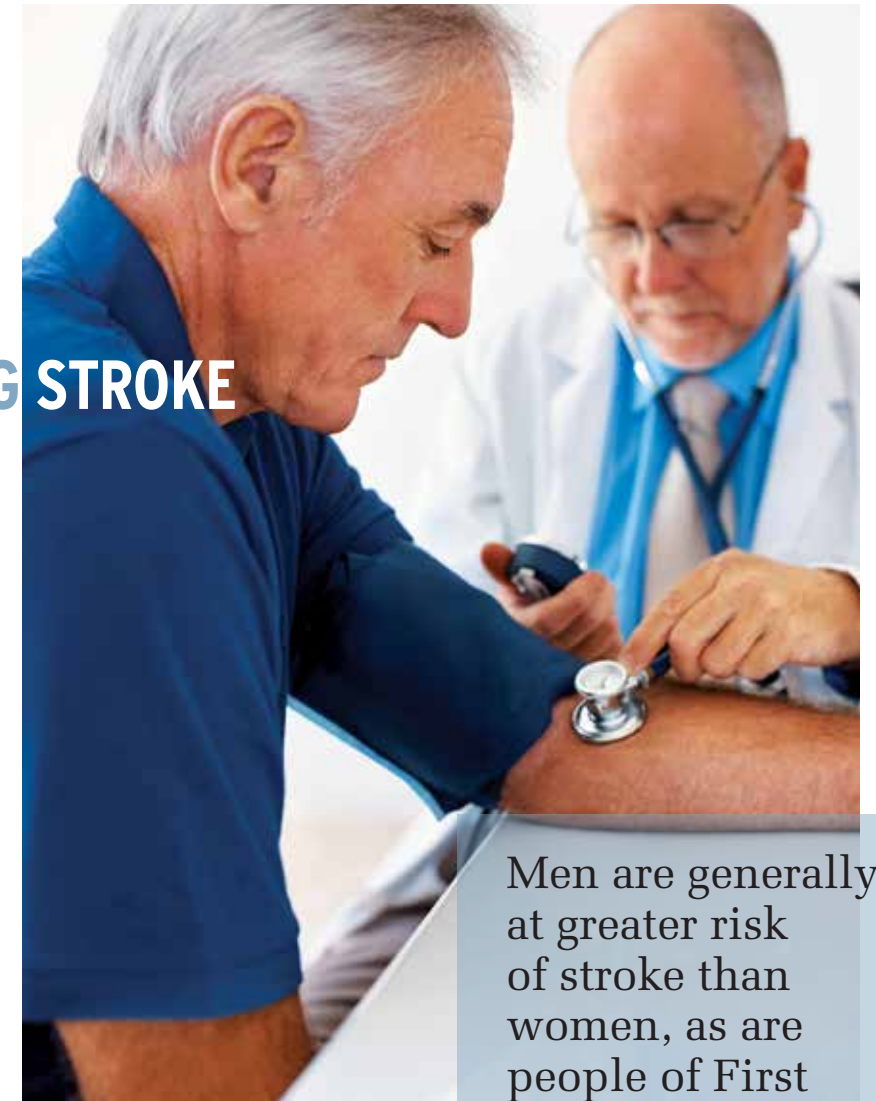
WHAT IS A STROKE?

Stroke happens when a blood vessel in the brain is blocked or bursts due to a blood clot. This can seriously damage function in the affected part of the brain, which is why quick intervention is critical.

WHAT ARE THE SIGNS OF STROKE?

- Weakness, loss of strength, or sudden numbness in the face, arm or leg
- Difficulty speaking (e.g., slurred speech) or difficulty understanding speech
- Vision problems such as sudden dimness, blurring, loss of vision in one eye or double vision
- Severe or unusual headache with the above symptoms
- Dizziness, including loss of balance

If you experience one or more of the



Men are generally at greater risk of stroke than women, as are people of First Nations descent and individuals with a family history of stroke.

above stroke symptoms, call 9-1-1 immediately.

WHAT ARE THE KEY TREATABLE RISK FACTORS FOR STROKE?

- Smoking
- Excessive alcohol
- Unhealthy diet
- Lack of physical activity
- High blood pressure
- Diabetes
- Obesity
- Previous stroke

Men are generally at greater risk of stroke than women, as are people of First Nations descent and individuals with a family history of stroke. The risk of having a stroke also increases with age, doubling each decade after age 55.

HOW IS A STROKE DIAGNOSED?

A CT scan is usually the first test

done when stroke is suspected. The CT scanner produces highly detailed images of the brain that allow doctors to confirm whether the stroke was caused by a burst blood vessel or a blood clot. If the test reveals a blood clot, the patient is given a clot-busting drug called tPA, which when administered within 4.5 hours of the event can dramatically reduce the effects of the stroke. (Note: Thanks to the Foundation’s generous donors, Lions Gate Hospital will soon have a new state-of-the-art CT scanner.) ■



Meet Our 2014 Award Winners

Once again, Lions Gate Hospital Foundation has paid tribute to five remarkable health-care professionals – recipients of the 2014 North Shore Health Care Awards for Outstanding Achievement. Congratulations (left to right) Dr. Arvind Kang (Clinical Practice); Michelle Stanton (Spirit of Philanthropy) – an award she shares with Dr. Philip Cohen (not pictured here); Dr. Allan Burgmann (Master of Ceremonies for the event); Renee Long (Workplace Inspiration); and David Hall (Leadership). ■

FUNDRAISING NEWS



2014 LGH Gala Committee

Million Dollar Gala The 14th Annual Lions Gate Hospital Gala, held on May 9th at Capilano Golf & Country Club and hosted by Goldcorp chair Ian Telfer and emcee Global BC's Sophie Lui, netted more than \$1 million for LGH...**Record Golf Classic** Our 18th annual Golf Classic, held on June 16 at Capilano Golf & Country Club raised \$565,000 (net) for the hospital. Our thanks to emcee TSN's Glen Suitor, auctioneer Hugh Bulmer of Maynards, and our many sponsors, donors, participants and volunteers (for both fundraisers) for their generous support...**Mission Accomplished** Thanks to these two amazing events and to you, the Foundation was able to achieve its goal of raising \$2.5 million for a new CT scanner for Diagnostic Imaging. In early 2014, the Foundation also completed its \$1.5-million campaign to bring two new SPECT/CT gamma cameras to our Nuclear



2014 Golf Classic Committee

(Left to right) Foundation president Judy Savage, Mayor Darrell Mussatto, Katy Roohani and Vida Mohammadian.



Katy's Walk for Cancer

Katy Roohani's journey of personal healing began when she decided to do something to honour the memory of her husband, Soheil, who she lost to lung cancer two years ago.

"He was the love of my life for 30 years," says Katy. "He was such a great person, so kind and always helping everyone, whether he knew them or not.

"After his passing, friends and family kept saying, 'we wish we had his spirit and could be as kind and giving as he was. Perhaps this walk will encourage people to try to be like him. I just wanted to do

something to keep his memory alive."

Katy decided to call upon friends and family to create the Persian & Canadian Community Walk for Cancer to benefit the oncology clinic at Lions Gate Hospital. Now in its second year, the walk, which this year took place on July 6 at Mahon Park, raised more than \$11,000 for the Foundation.

If you'd like to get involved or would like more information about the walk for next year, please contact Katy Roohani at 604-988-5556 or katyroohanin@telus.net. ■

Medicine Department, made possible by Dr. Philip Cohen's matching of all 1,700 donations to the campaign...**Young Philanthropists** The Foundation has created two new volunteer groups to engage young people in the fun of fundraising:

the Youth Advisory Committee (YAC), comprising youth ages 16 to 22 (who held their first fundraising car wash in April); and the Young Professionals Committee, comprising

people ages 25 to 40 (now orchestrating their first pitch and putt golf tournament at Murdo Frazer). If you or someone you know would like more information about these groups, or would like to get involved, please call 604-984-5785...**Art of Healing** The Foundation's Art Program, now in its second year, is continuing to bring the calming beauty and therapeutic benefits of fine art to even more areas around LGH. The collection now includes 96 original works of art. Artists interested in participating in the program, or donors who would like to add to the collection, are invited to call Joanne McLellan at 604-904-3553. ■



Legacy

Remembering Bruce Ambrose

While Lions Gate Hospital is very much a community hospital, it often touches the lives of people beyond the North Shore. Bruce Ambrose was one of those people.

Born, raised and educated in Montreal, Bruce put down roots in Vancouver in the early 1970s, and it was here, in 1999, that he met his second wife, Barbara Gauthier.

"One day [in 2001], Bruce found this little lump on his groin," says Barbara. "When he had it checked out we discovered he had stage four lymphoma."

The doctor at the BC Cancer Agency suggested Bruce take a "wait-and-see" approach, but neither Bruce nor Barbara were willing to wait.

"I asked my good friend Dr. Michael O'Neill [an ER physician at Lions Gate], 'who's the best person for us to see?' and he said, 'Paul Klimo,'" remembers Barbara. "We made an appointment with Dr. Klimo right away, and we never looked back.

"Dr. Klimo [former head of oncology at LGH] became our hero," says Barbara. "He supported our wish to try what was then an

experimental drug, and when that didn't work, he supported Bruce with other treatments. He always kept hope alive."

During the nine years of his illness, Bruce underwent three chemotherapy treatments at Lions Gate, which kept the cancer at bay, allowing the couple to tick off items on their bucket list, including travel and biking.

"As the years went by our visits to the oncology unit at Lions Gate became more frequent and the people there became like family to us," says Barbara. "They gave us so much."

It was only when it was discovered that the cancer had spread to his lung and bones that Bruce realized his fight was almost over.

"When Bruce knew he was going to die, he started getting his affairs in order," says Barbara. "He was not a wealthy man, but he was comfortable, and he had a big heart. After

he ensured that he had looked after his family, he decided to leave a large gift to Lion's Gate Hospital Foundation in his Will."

Bruce passed away on March 16, 2010, but his legacy of giving lives on in his children and in Barbara.

In lieu of gifts and in tribute to her father, Bruce's youngest daughter, Laura, asked her wedding guests to make a donation to the Foundation,

As the years went by our visits to the oncology unit at Lions Gate became more frequent and the people there became like family to us.

— Barbara Gauthier

and Barbara recently made a donation to honour the birth of a grandson — a fitting tribute indeed, to a very special man.

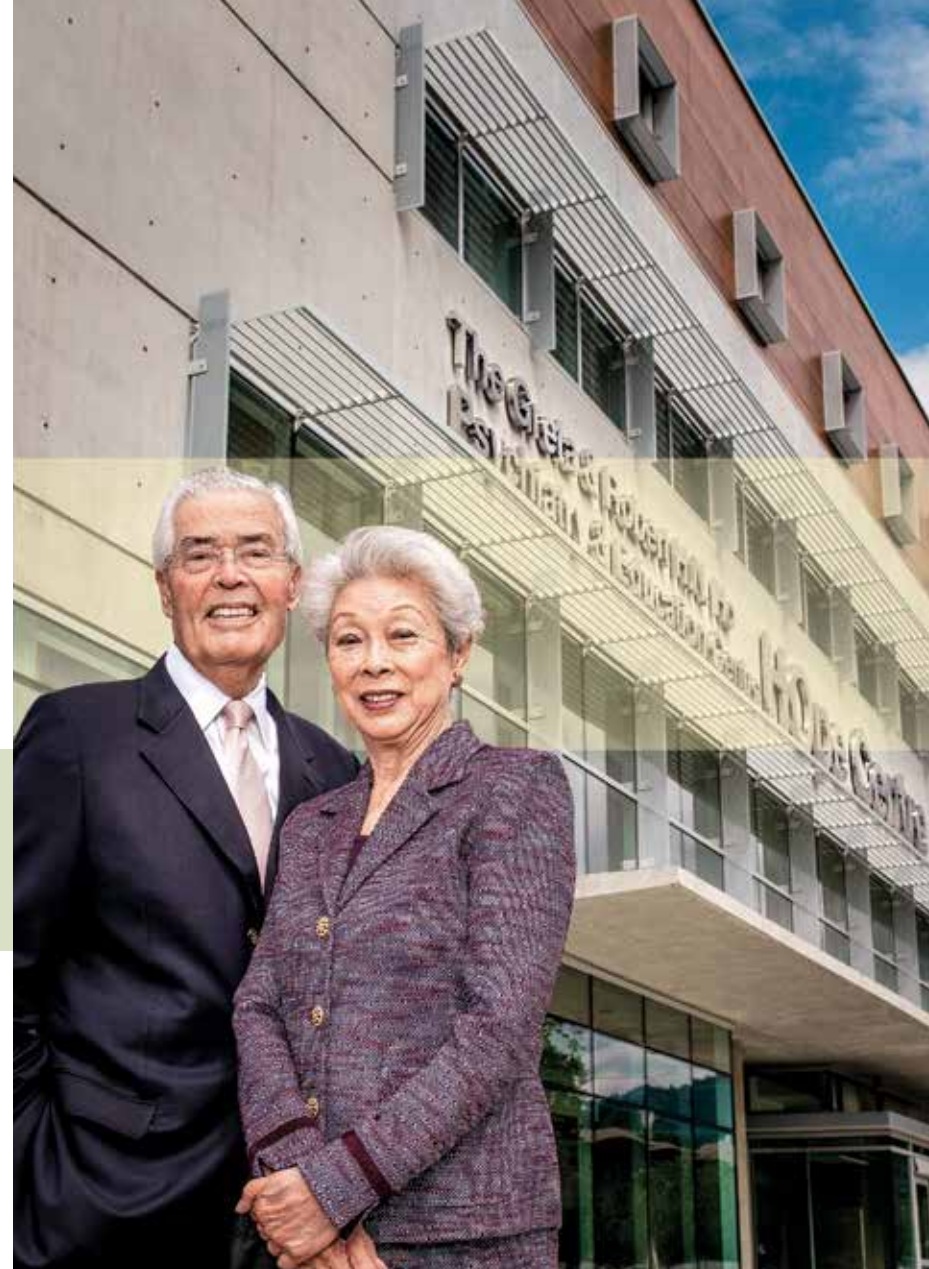
To learn how you too can make a difference by leaving a gift in your Will, please call Joanne McLellan at 604-904-3553. ■



Clinic, Rapid Access Spinal Clinic, Breath Program, Diabetes Education and Respiratory Services/Pulmonary Function, into a modern, purpose-built medical centre has now become a top priority.

“We’re looking at creating additional examination and assessment rooms to enhance patient privacy, as well as finding efficiencies to shorten patient wait times,” says Appleton. “And with the creation of our state-of-the-art Pre-Surgical Screening Clinic, we’ll be able to greatly enhance the quality and experience of care for patients who come to LGH for surgery.”

In addition to the creation of the new Outpatient Care Centre, plans also call for a refresh of the Atrium



Greta and Robert H.N. Ho at the new HOpe Centre

New HOpe

The opening of The HOpe Centre heralds a new age of advanced care for patients living with mental illness and addictions *By Ann Collette*

NOW – THE NEXT STEP BEGINS

Enhancing the patient experience lies at the heart of the next phase of revitalization plans for Lions Gate Hospital *By Ann Collette*

It’s been a fast-paced decade of change at Lions Gate Hospital (LGH). In the past 10 years, as part of a bold redevelopment plan, LGH Foundation has contributed \$54 million to a number of capital projects, including the Jim Pattison Emergency Centre, a new Endoscopy Unit, the North Shore’s first free-standing Hospice and The HOpe Centre (The Greta and Robert H. N. Ho Psychiatry and Education Centre). Now, LGH, Vancouver Coastal Health and LGH Foundation have focused their sights on the next step in LGH’s renewal – a proposed plan aimed at modernizing key elements to dramatically enhance the patient experience.

NEED FOR RENEWAL

LGH today is the acute-care hub for a large portion of the BC Coast, serving patients from Deep Cove to Bella Bella. While the hospital’s responsibilities and reach have grown, its aging infrastructure is now challenged to keep pace.

“LGH’s current role as a regional centre for stroke care, neurosurgery, neurology and orthopedic trauma is far beyond what was ever imagined when the facility was planned

and built,” says Mike Nader, COO, Coastal Community of Care. “This much more vital role of LGH is welcomed but has also created some space issues for us.”

A growing (and aging) population and changing medical technology have also put tremendous pressure on our facilities, says Leanne Appleton, director of acute care services and site lead of LGH’s redevelopment. These factors are very much the driving forces behind a multi-stage renewal of LGH.

ENHANCED PATIENT CARE

While specific details of the next stage of LGH’s revitalization are still in development, the hospital’s immediate goals are crystal clear.

“Our main goal is to enhance the quality of the patient experience at LGH by redeveloping the existing Medical Day Centre into a comprehensive new Outpatient Care Centre,” says Appleton.

The Centre occupies an area that was never intended as a clinic but rather was adapted over time as the hospital’s services expanded and grew. Redeveloping the space, which houses the Pre-Surgical Screening Clinic, Joint Replacement Access

at the main entrance off East 15th Street – the heart of LGH.

“Our vision is to create a space that’s warm and welcoming yet modern, with enhanced navigation to make it easy for patients and visitors to find their way throughout the hospital,” says Appleton.

Preliminary plans include repositioning the Foundation offices to bring more natural sunlight into the Atrium, as well as new entryway doors to better manage the impact of inclement weather. Plans also call for a new sacred space, the redevelopment of the cafeteria and the creation of a healing garden.

This next stage of redevelopment at LGH has captured the imagination of Lions Gate Hospital Foundation, which is launching its next major fundraising drive this fall – The LGH NOW Campaign. It’s goal: to raise \$7 million.

“Our vision for LGH is to create a modern space that delivers health care to patients and their families in a calm, reassuring way, and that’s good for everyone,” says Appleton.

To find out more about the LGH NOW Campaign, please call LGH Foundation at 604-984-5785, or visit www.lghfoundation.com ■



the Ho Family Foundation and a \$4-million donation from the Djavad Mowafaghian Foundation, together with support from 5,000 donors like you, the \$62-million Centre features 26 in-patient rooms, outpatient psychiatric services and access to community-based programs.

The four-storey, 150,000-square-foot Centre also houses the Djavad Mowafaghian UBC Medical Education Centre, which will dramatically expand LGH’s role as a teaching hospital, and a new BC Ambulance station.

Thank you to everyone who donated to this much-needed centre of care for our community. ■



Clockwise from left: HOpe Centre street view; central atrium under construction; and inside detail. Above right: The groundbreaking ceremony for the new HOpe Centre.

A NEW DIMENSION IN EMERGENCY CARE

A progressive approach to palliative care at Lions Gate Hospital has helped make it an academic hub for teaching the next generation of doctors *By Joseph Dubé*



The emergency department (ED) at Lions Gate Hospital operates on the frontlines of health care. Often, here, amidst those who come in with broken bones, trauma due to accidents or irregular heart rhythms, are patients who are terminally ill – people beyond the help of conventional emergency medicine, yet who need help and who would benefit greatly from a more palliative approach to treatment.

To help bridge this inherent gap between emergency and palliative disciplines, Lions Gate Hospital (LGH) has implemented a groundbreaking new teaching initiative called the Palliative Care Academic Program. The first program of its kind in Canada, the aim of this collaboration between LGH and the University of British Columbia (UBC) is to teach modern palliative techniques to ER interns and residents, as well as provide specialized training to family practice residents in helping patients and families cope with chronic, terminal disease.

“Sometimes seriously ill patients can slip through the cracks, and because the ED is such an important

access point in our health-care system, it’s really the emergency doctor who has the opportunity to help,” says Dr. Peter Edmunds, regional medical director, Home, Community and Palliative Care, Vancouver Coastal Health.

The program, developed by ED specialist Dr. David Willisroft, Dr. Jennifer Walker (a palliative care physician at LGH), Dr. Pippa Hawley (division head of Palliative Care at UBC) and Edmunds, will run in collaboration with UBC.

In addition to teaching the latest pain and symptom management techniques for diseases such as cancer, congenital heart failure, advanced emphysema and dementia, the program will also teach a philosophy of early intervention, and stress the importance of community and home support.

“A lot of these patients come to the ED in the early stages of the disease, when what they really need is a conversation, some effective goal-setting and connection to the right kind of care for the future,” says Edmunds. “Some patients, of course, come in very late, when

they are very sick and maybe even about to die, so the ED doctors are often faced with having to look after patients who need a more urgent type of palliative care.”

Edmunds says that the emergence of the program at LGH began with a simple shift of perspective: “The emergency is very focused on saving lives and making people better, but what we’ve recognized over the years is that when patients come in seriously ill, it’s not necessarily about saving them and getting them back to health but about helping them realize their best quality of life.”

The three-year pilot program – the \$300,000 inaugural costs of which were paid for by Lions Gate Hospital Foundation and a generous donation from the Houssian Family Foundation – will not only make LGH a satellite campus of UBC, but also a hub of academic learning at the forefront of a new wave in health care that will attract the best and the brightest to study and practice in North Vancouver.



Dr. Peter Edmunds

“Our family foundation is honoured to be supporting the Palliative Care Academic Program at LGH,” says long-time Foundation supporter Joanne Houssian. “The educational component of this program is exciting for Lions Gate Hospital, Vancouver Coastal Health and all residents of the North Shore.

“We are happy to have the opportunity to support this proactive program that will impact the quality of care provided to palliative patients.” ■

Home is Where the Health Is

Lions Gate Hospital’s **Ready Response Team** delivers medical and home support to seniors in need

By Helena Bryan

Too often, senior citizens suffering from minor ailments end up in the emergency department or in an acute care bed at Lions Gate Hospital for no other reason than they simply can’t manage at home alone. Now, thanks to an innovative new program called the Ready Response Team, there’s an effective alternative – one that supports seniors in their own homes.

The Ready Response Team pilot project, launched in September 2013 through a generous gift from long-time LGH Foundation donors Sharon and Roger Brain, is working to help keep at-risk seniors experiencing short-term illnesses out of the emergency by providing medical and home care at a moment’s notice to support people in their own homes. Not only do the seniors avoid the stress and potential complications of unnecessary hospital stays, the program is freeing up more emergency and acute care beds for those who really need them.

During the program’s first year, most of the seniors who were referred to the Ready Response Team by LGH emergency, community clinicians, doctors and other health professionals were 85 years of age or older but still functioning well on their own – until they got sick. Such was the case with the program’s first client in October 2013.

The 100-year-old woman was living at home with no supports when she came down with a minor infection, leaving her unable to cope with normal daily activities, such as making meals and bathing. It was an alert community case manager who



Joya Gamache (left) and Jennifer Honey of the Ready Response Team

made a call to Ready Response nurse practitioner Jennifer Honey.

After ensuring the senior was medically stable enough to stay at home, Honey dispatched one of five Community Health Workers (CHWs) on the Ready Response Team within two hours. For the next three days, that same home support worker cared for the client for two hours at a time making sure she received proper nutrition and hydration, and helped with personal care, such as dressing, bathing and bedtime routines. The CHW also kept the nurse practitioner informed of any changes in the client’s condition.

“We were able to spare this client the stress of a hospital stay and the possibility of developing complications. Furthermore, the data shows that if seniors 85 and older do have contact with emergency, they’ll be back within a month,” says Honey. “We provided three days of home support and the client has been at home and functioning well ever since. It’s exactly the result we’re trying to achieve with this program.”

Honey says that the team’s CHWs were handpicked for their

experience and knowledge, as well as their creativity, flexibility, ability to think on their feet and their availability to provide care at a moment’s notice.

“We’re able to get a CHW in the home within two hours, and provide care in the initial phase for up to three days, which is about the time it takes for a minor infection or illness to subside,” says clinical nurse educator Joya Gamache, who helped develop program procedures.

In addition to the health benefits of the Ready Response Program, the cost savings are also significant, adds Gamache. It costs about \$340 for 72 hours of home support care through the Ready Response Team; this same amount will pay for only half a day in hospital.

The benefits of the Ready Response Team were clear and resonated deeply with program supporters Sharon and Roger Brain.

“It also just made good sense,” says Sharon Brain. “Given that hospitals can be so distressing for seniors and that with just a little help, they can manage well at home, supporting this program was easy.” ■

EASY GIVING

How the Monthly Giving Program makes it simple and affordable for you to help Lions Gate Hospital Foundation

By Ann Collette

It's amazing how much money you can spend in a year without even noticing it. Most of us think nothing of plunking down a toonie (or two) each day for a coffee. If you do the math, you could be spending more than \$700 a year on your morning eye-opener, but you scarcely feel it because the daily outlay is so small.

If it's that easy to absorb the cost of a daily coffee, imagine the good you could do if you redirected even 20 per cent of that expense (\$140 a year), and divided it into 12 installments of \$11.60 a month as a donation to Lions Gate Hospital Foundation? That's the advantage of the Monthly Giving Program – it makes it easy and virtually effortless for donors to lend meaningful support to Lions Gate Hospital.

"There are lots of advantages to monthly giving for both the donor and the Foundation," says Tricia McLaren, fund development coordinator with LGH Foundation. "The biggest thing is that it allows you to support the Foundation in monthly installments that fit your budget.

"For example, if you donate \$20 a month, that adds up to \$240 a year. Monthly giving actually makes it possible for many people to make a larger contribution to their community hospital than they might be able to if they had to give a lump sum."

One of the biggest advantages of monthly giving for donors is

convenience. Once you sign up, your pre-authorized monthly donation on your credit card or bank account flows to the Foundation automatically, plus you get a tax receipt for your entire donation the following January. Pre-authorized bank withdrawals are especially cost-effective in that neither party has to worry about expired or compromised credit cards. The plan is flexible, too, allowing you to make changes or cancel your payments at any time. Automatic donations also dramatically reduce the Foundation's administration, postage and processing costs, generating savings that can be invested in health care.

"For the Foundation, monthly gifts are important because they are a reliable source of funding – donations we know we can count on when planning projects and campaigns," says McLaren. "Even small monthly contributions add up and have a significant impact on supporting our work in enhancing health care in the community."

So, the next time you amble up to the counter for a cuppa joe, think about all the good you could do with a few of those toonies if you spent them on your local hospital by signing up with the Monthly Giving

Program. You may not get a caffeine rush, but you'll definitely feel good about it.

For more information on the Monthly Giving Program, please contact Tricia McLaren at 604-984-3864 or tricia.mclaren@vch.ca, or visit the Foundation website www.lghfoundation.com ■

SOROOSH KASRAVI (MONTHLY DONOR SINCE 2005)

From the day he and his wife moved to the North Shore from their native Iran some 34 years ago, Soroosh Kasravi has been a staunch supporter of Lions Gate Hospital.

"Coming from Iran, I've never seen such a wonderful organization, and I can't say enough about the tremendous care my wife and I have received there," says Kasravi, now age 89. "My wife passed away at Lions Gate Hospital, but I know how much the entire staff did to help her and I am so grateful for it."

A longtime supporter of LGH Foundation, Kasravi decided to

(Left) Soroosh Kasravi and (below) Tania Batten are long-time Monthly Giving Program donors.

join the Monthly Giving Program in 2005. "One-time giving works, but monthly payments through the bank is so much easier for me – and for you," says Kasravi.

"I really feel that it is the responsibility of everyone living

TANIA BATTEN (MONTHLY DONOR SINCE 2009)

Tania Batten is no stranger to Lions Gate Hospital. Over the years this long-time North Vancouver resident has experienced LGH from both sides – first as a volunteer in the

emergency department and then as a patient and a family member (her husband and dad were both treated at Lions Gate). It's given her a lot of perspective, and in 2009, it inspired her to join the Foundation's Monthly Giving Program.

"Lions Gate is a splendid hospital. Everyone from the physicians to the nurses and Auxiliary volunteers provide exemplary care and the finest treatment; one could not ask for more," says Batten, who underwent hip replacement surgery at the hospital, and whose late husband received care at Cedarview Lodge [also supported by LGH Foundation] until his death in 2009.

Tania opted to make her monthly donation to the Foundation through her credit card, and like so many other donors, she strongly encourages others to do the same through the financial institution of their choice.

"I am very grateful for the care my family and I received, and

am pleased if I can help in some small way to pass that on to future patients through my donations. It's also a comfort to know that you will be taken care of should you require hospitalization." □

MORE WAYS TO GIVE

Making a difference can take many forms

CELEBRATION OR TRIBUTE GIFTS

Honour a loved one by making a gift to the Foundation in recognition of a birthday, wedding or anniversary, or as an in memoriam tribute.

LEGACY GIFTS

Remember Lions Gate Hospital (LGH) in your estate plan with bequests, beneficiary designations on life insurance policies or retirement funds and pensions, endowments and Charitable Remainder Trusts.

GIFTS OF STOCK

Donations of stocks or other publicly-traded securities are easy and tax-efficient ways to give.

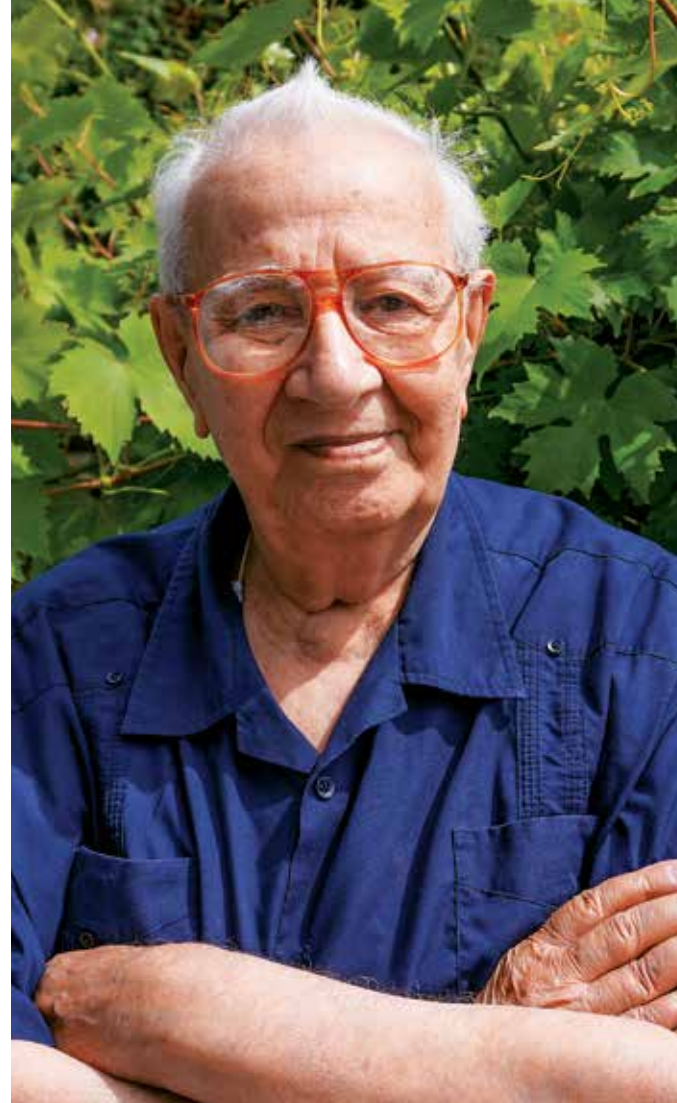
COMMUNITY EVENTS

Planning a fundraiser for the Foundation? Call us. We're happy to help.

SPONSORSHIPS

There are numerous opportunities throughout the year to sponsor a high-profile event in support of LGH.

For more information on ways to give, call 604-984-5785 or go to the Foundation website at www.lghfoundation.com. □



2014 CHAIRMAN'S CIRCLE MEMBERSHIP

LIONS GATE HOSPITAL FOUNDATION is very proud and privileged to enjoy the dedicated support of many leading individuals and families. Their commitment and generosity has not only helped support the highest quality health care for our community, it has served to inspire other donors to do the same.

In recognition of their ongoing leadership and devotion to its goals, the Foundation is pleased to embrace this remarkable core group of donors (each of whom has contributed \$50,000 or more cumulatively), as part of its Chairman's Circle. It can truly be said that many of our achievements are a direct result of their generosity. For this, and so much more, we thank them – and you.



Chairman's Circle members

VISIONARIES

Dr. Philip Cohen
 Bill & Bonnie Couling
 Robert H. N. & Greta Ho
 Margaret Hoar
 Joe & Joanne Houssian
 Inez Harris
 Djavad Mowafaghian
 Jim & Mary Pattison
 Betsy Smith
 Michael Smith
 Rob Sutherland

Peter & Lynn Guernsey
 Ken & Sigrun Hanna
 Mark & Carol Hannah
 Peggy Horne
 Peter & Anne-Marie Kains
 Julian & Barbara Kirstiuk
 Abdul & Hanifa Ladha
 Doreen Lougheed
 Paul & Shirley MacPherson
 Stewart & Sunny Marshall
 Bob & Brenda McGill
 James & Carol Mercier
 Gerrit & Agnes Mey
 Lynne Newton
 Michael & Joy Phelps
 Axel & Dawn Rehkatsch
 Ken & Judy Rekrutiak
 Daniel Russell & Cindy Dekker
 Azad & Yasmin Shamji
 Dr. A. H. Somjee
 Andy & Cheryl Szocs
 David & Joanne Unruh
 Chuck & Pam Vidalin
 Michael & Wendy Wan
 Brent, Dona, Lisa & Mark Wolverton
 Fred & Maureen Wright

Jim Conacher
 Richard & Caroline Duncan
 Dr. Robert & Katharine Fingland
 Fraser & Sheilah Grant
 Jon & Lisa Greyell
 Richard & Lara Irwin
 Maebritte Jeffels
 Alan & Barb Holton
 Clive & Susan Lonsdale
 Charles & Margaret Loo
 Gordon & Barbara MacDougall
 Reay & Lynda Mackay
 Irene McEwen
 Ken & Joanne Mellquist
 Ian & Rosemary Mottershead
 Ed Mowatt
 John O'Neill
 Ronald & Marjean Park
 Roberta Russell
 John M. Sibley & Carmen Thériault
 William & Carol Slater
 Ross & Ursula Southam
 Millie Stewart
 Jim & Julie Szabo
 Graham & Elaine Thody

BENEFACTORS

Roger & Sharon Brain
 Michael & Dorine Chernoff
 Kerry & Ginny Dennehy
 Bill Hatswell
 Donald & Ruth James
 Annemarie Locher
 Joan Proudfoot
 Ian Telfer & Nancy Burke

LEADERS

Howard & Gail Addison
 Ryan & Cindy Beedie
 Patricia Bice
 Ruth Brodie
 Dan & Pauli-Ann Carriere
 Paul Chalmers & Barb Inglis
 Helen Chaston
 Eric & Tracey Christiansen
 Dale Christy
 Ken & Mary Downie
 Nabih & Lynette Faris
 Ken & Joan Fowler
 Frank Giustra

PATRONS

Larry & Joan Achtemichuk
 Fareed & Sharon Ahamed
 Doug & Shirley Argue
 Laura-Lee Armstrong
 Robert & Barbara Atkinson
 Shelagh Ballard
 Gerry & Lesley Barré
 Ron & Ann Barré
 Peter & Heather Buckley

We would also like to recognize the generosity of those Chairman's Circle members who have requested to remain anonymous.

For more on the Chairman's Circle, visit www.lghfoundation.com or contact Louise Campbell, director of development at 604-904-3561 (louise.campbell@vch.ca)

Financial Summary 2013-2014

Lions Gate Hospital Foundation is pleased to provide the following revenue, distribution and expense summary for the period March 31, 2013 to June 30, 2014.

REVENUES 2013-2014

Fundraising & Estate Gifts
 \$22,821,141
 Interest, Dividends & Other Income
 \$ 1,189,482

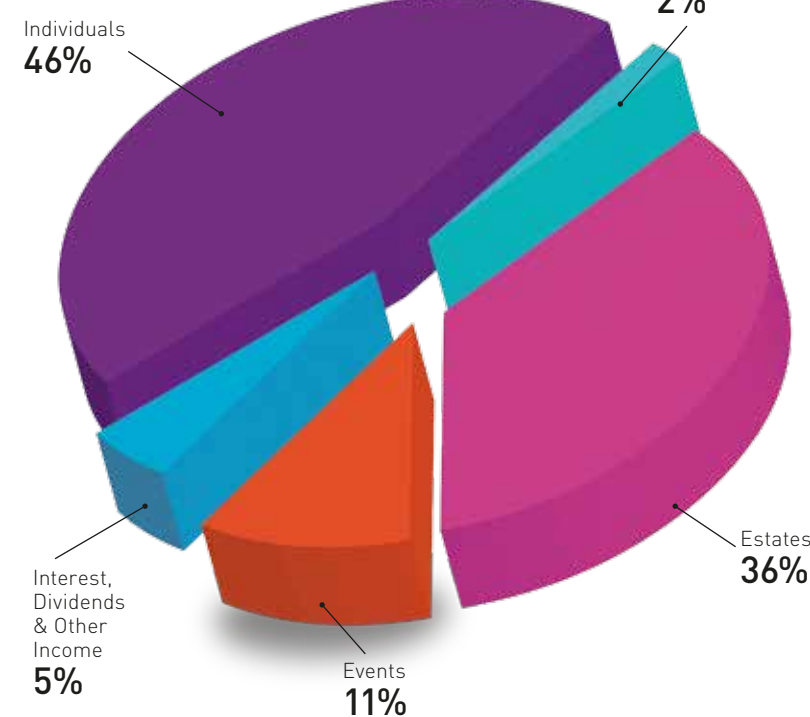
TOTAL \$24,010,623

DISTRIBUTIONS & EXPENSES 2013-2014

Distributions*
 \$18,174,038
 Administrative & Fundraising Expenses
 \$ 1,711,101

TOTAL \$19,885,139

FUNDING SOURCES



Portable Ultrasound - Labour & Delivery

INVESTING IN QUALITY EQUIPMENT FOR QUALITY HEALTH CARE

*In addition to this year's distributions, Lions Gate Hospital Foundation has committed a further \$27.7 million to be distributed in 2014 to 2016. Important medical equipment purchases made over the past year include:

- \$240,000 Orthopedic Tools – Surgery
- \$ 40,000 Critical Care Ventilator – ICU
- \$ 35,000 Portable Ultrasound – Labour & Delivery
- \$ 30,000 Brainlab Needle Biopsy System – Surgery
- \$ 25,205 Transport Defibrillator – Acute Care
- \$ 19,500 Laparoscopic Urology Set – Surgery
- \$ 19,000 Bladder Scanner – Maternity
- \$ 17,000 Dynamap Monitors & Stethoscopes – Evergreen House
- \$ 9,000 Syringe Feeding Pumps – Special Care Nursery
- \$ 8,480 Cardiac Echo Stretcher – Ultrasound
- \$ 8,000 'Kangaroo' Breast Feeding Chairs – Special Care Nursery
- \$ 5,000 Stretchers – Acute Care
- \$ 4,000 ENT Scope – Surgery
- \$ 260 Large Print Books – Chaplaincy



Microsagittal Saw - Surgery



Stretchers - Acute Care

The Foundation's audited financial statements are available at www.lghfoundation.com

**SOME OF THE
PEOPLE
WE HELP
AREN'T EVEN
OLD ENOUGH
TO DRIVE.**

Since opening in September of 2008, the *Craftsman Collision Cast Clinic* at LGH has helped more than 46,000 patients get back on their feet. We are delighted to be the ongoing sponsor of this facility – and to help keep so many people of all ages mobile.



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