

Your Legacy



2022 / MAKE A DIFFERENCE BEYOND YOUR LIFETIME



Pic credit: Cindy Goodman

Fit Fella to Good Fella

Growing up on a farm in rural Ontario, Jack Crawford learned the importance of being surrounded by a supportive community, and the need for everyone in that community to contribute to its success.

Those early lessons made a lasting impression on him, forming an approach to life that has served him well since moving to the Lower Mainland in 1949.

“Service was so important on the farm,” he says, describing how he would sometimes go and stay at a neighbouring farm for several days if that farmer was unable to care for their livestock. “We looked after family and the neighbours whenever help was needed. You don’t always realize how crucial support is until you need it.”

Jack’s strong beliefs around giving back to his community are responsible for much of what he’s done in life, including the regular contributions to various charities and those he’s made to Lions Gate Hospital (LGH) and his recent decision to change his will to make a legacy donation, naming LGH Foundation as one of his primary beneficiaries.

“The money is mine to use until I pass,” he states. “And at that point it definitely won’t be any use to me, so I want it to go somewhere it’ll be useful to others.”

“You have few choices for your estate when you pass – family, charity or government – so it makes sense to plan accordingly.”

“We need to realize that LGH is a jewel for everyone who lives on the North Shore,” he explains. “By giving to the Foundation, we’re improving the lives of everyone from Horseshoe Bay to Deep Cove.”

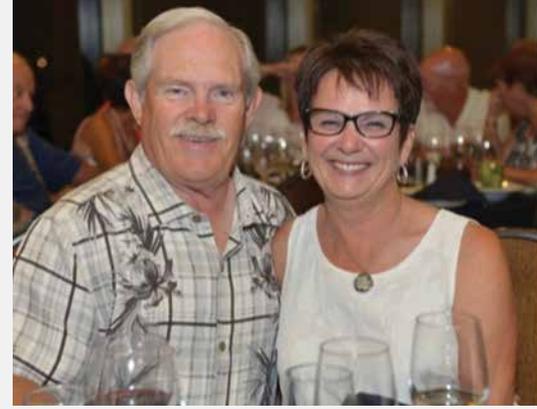
From serving on the board of community organizations like the West Van Yacht Club Youth Program, Cubs & Scouts program, his church and the West Van Library Board Jack is adamant that each of us give what we can to our community.

One of Jack’s favourite groups to be involved with is Fit Fellas, a dynamic group of like-minded North Shore men which was founded many years ago by Frank Karutz. Frank enjoyed running as well as helping out his community, which the group of about 180 men continue to this day. Jack gets excited about the kind of work he and his Fit Fellas carry out in the community, especially the last few years that they’ve banded together to make financial contributions to LGH Foundation.

“I firmly believe there’s a general lack of awareness about how important LGH is to people across the North Shore,” he says. “Which is why I’ve made the Foundation the primary focus of my fundraising and charitable donations in the years to come.”

The Legacy Society

Jack is a member of the The Legacy Society, an honorary community for special friends who have made provisions for a future gift to LGH Foundation through their will. Members receive exclusive invitations for events and tours and are featured on our Donor wall if they so wish.



Mighty Oaks From Little Acorns Grow

As a Registered Nurse who has worked in Trauma and the Intensive Care Unit, Lori Baker has been in more than her fair share of hospitals in her 45+ year career and knows a quality facility from the inside out.

Which is why, when she first walked into Lions Gate Hospital for her first day of work in the early 1990s, she was shocked at what she saw.

"I felt like I'd stepped into the Dark Ages," she says. "The people were great but they were working with equipment and facilities that were sadly lacking."

After a few months, she offered to volunteer on behalf of the LGH Foundation at a donor recognition event. From that point on, she knew she wanted to do more.

With a young family at the time she started, money wasn't growing on trees for Lori and her husband Richard. But she knew they could afford \$20 per paycheque, so she decided to start with that, hoping to be able to contribute a little more in the years to come.

"It wasn't a lot, but I knew I wouldn't miss it," she recalls.

As her family grew and she was able to afford a little more, she increased her monthly donation and was thrilled to see the difference that donations were having as she watched the transformation of LGH from the 1990s to today. Lori's clear that her donations have gone to the right place.

"Most people like to donate to 'something' but by giving to the Foundation, I don't have to pick and choose where my donation goes," she explains, "and I'm giving back to the whole community, not just one group or cause."

"It wasn't a lot, but I knew I wouldn't miss it"

While she says she's always wanted to give a "big donation" to the Foundation, she's happy that she started small and worked her way up to a total she's proud of, month by month.

"By making LGH the best it can be for everyone, I've seen first-hand how we've been able to attract the best and brightest to the North Shore with great facilities and equipment," she says.

Inspiring Care

As entrepreneurs for most of their working lives, Betty and Brian McManus learned first-hand about the importance of hiring self-motivated employees who showed up to work every day with a good attitude.

So, when they moved from Saskatchewan to the North Shore almost 15 years ago, and found themselves spending more time in the Lions Gate Hospital Emergency than they had anticipated, both Betty and Brian were moved by the inspired, friendly nature of the LGH care teams they dealt with and the compassion they showed for Brian at the time.

"Our great impression of the staff was what started it all," explains Brian. "We couldn't get over how helpful and enthusiastic they were, doing things they didn't have to do, and their can-do attitude and the effort we saw was amazing," recalls Brian.

"So many of the people were going the extra mile, which is important in any type of setting, but particularly in health care," he adds.

Fast forward a dozen years and Betty and Brian found themselves spending time in LGH again, this time dealing with a cancer diagnosis for Betty.

Again, the can-do attitude of the LGH staff and physicians shone through, prompting the couple to look inwards and ponder how they could both recognize and contribute to the inspirational LGH team.

"That's when we heard about the Workplace Inspiration Fund," says Betty.



Above Left: Brian and Betty McManus.
Above: 2020 Workplace Inspiration Award recipient Caroline Martini.

Brian adds, “We decided to revisit our wills and formalize something longer-term that would make a difference to help encourage and sustain this great atmosphere.”

Their contribution to the Workplace Inspiration Fund offers funding for staff education and development for people who energize the workplace through their dedication and willingness to serve as a role model for others.

“We wanted to do something for the staff that would make an impact right away but also carry on in perpetuity,” explains Brian. “We worked with the Foundation to structure our donation to give staff the opportunity to upgrade their skills or education both now and for years to come, which we hope will help ensure the hospital remains a great place to work.”

For more information about the Workplace Inspiration Fund or other long-term gifting options, contact the LGH Foundation office.



Rashida and Abdul Jaffer.

Stocks an Option for Giving

When Rashida Jaffer’s husband, Abdul, spent his final few weeks in the North Shore Hospice, she saw a side of the health care system that she’d never experienced before.

Abdul’s pancreatic cancer treatment had been going well until his body proved unable to deal with chemotherapy, starting a decline that his medical team were unable to reverse.

The last few weeks of his life were spent living under the roof of the North Shore Hospice, something that Rashida is still grateful for more than two years later.

“We found nothing but good at the hospice,” she recalls. “It was like a home away from home, the nurses were so caring and I had more time to be with him in his last days.”

“There was nothing but dignity there.”

The former insurance executive, who had worked directly for the Aga Khan at one point in his career, passed away peacefully with family and friends gathered around him.

After Abdul passed, Rashida took time to reflect on the journey they’d taken together and the overwhelming gratitude she felt towards the hospice staff. She soon became clear she wanted to contribute to the caring environment she’d found there, to support the team who cared for Abdul with kindness and compassion that exceeded her expectations.

“It was from my heart that I gave,” she says. “No one asked for any funds, I was just so touched by the hospice and everyone there.”

With the help of the couple’s financial advisor and our Planned Giving team, Rashida focused on how she could maximize the benefit to the hospice through her contribution to the LGH Foundation. After some discussions, a favourable option was worked out whereby her contribution was made through donating stocks.

A win-win for all involved and one way that Rashida was able to commemorate her beloved husband in a way he would have been proud of.



Paul Myers Tower - Coming 2024

- Featuring:
- 108 PATIENT ROOMS
 - 8 STATE-OF-THE-ART OPERATING ROOMS

You can join the 6,418 thoughtful donors who have contributed to this once in a lifetime legacy development for the North Shore by making a donation today.

Work is underway

on the Paul Myers Tower which is due to open in 2024. The new state-of-the-art facility was made possible through the historic Medical & Surgical Centre fundraising campaign which raised \$106 million, including many contributions from legacy donors. This legacy development will provide life-changing care for generations to come.

Philanthropist Paul Myers, who donated \$25 million to kick-start the campaign stands next to a rendering of the building that will be named in his honour.

LGHF as Beneficiary

There are countless ways to make your mark on the community you live in but perhaps none are as easy as planned giving for the end of life.

We're here to help you understand the many different types of gifts – from bequests to endowments, life insurance to RRSPs or RRIFs – as well as the ways to designate your gift to a particular area of your choice.

We're also knowledgeable in the tax benefits of specific gifts that will help maximize the impact that your legacy gift will have. Some of the key benefits of this type of giving include:

- Retaining full access to your retirement funds
- Designating a beneficiary is revocable and can be changed if necessary
- Gift proceeds directed to LGH Foundation aren't subject to probate or estate fees
- The impact of your gift is maximized so more goes towards improving health care than taxes.

Want more information or to have a chat about leaving a legacy contribution?

Start your legacy today by reaching out to Carolyn Anderson, Director of Planned Giving at 604.984.5857, carolyn.anderson@vch.ca or go to lghfoundation.com/legacy-giving

Thanks to You!

In 2021 the Foundation invested close to \$3m in equipment which benefited patients in many different areas of care.

The Medical Imaging Department has seen an improvement in scanning and diagnostic services thanks to new software for the CT scanner and MRI machine.

Cancer diagnostic services have been upgraded with the addition of the Mammotome breast biopsy device which uses computer imaging to provide diagnosis without the need for surgery.

COVID continues to have a significant impact at LGH and several purchases were made to help staff better support patients.

With 30% of ventilated COVID patients in the ICU suffering from acute kidney damage, staff were scrambling to support all of the patients that required renal support. Thanks to donors, the ICU now has two new Continuous Renal Replacement Therapy machines. These sophisticated blood-filtering machines provide a less aggressive form of dialysis



Top: Bart Bielec, Patient Care Coordinator for the ICU with a new CRRT machine. **Above:** Women's Imaging Specialist, Dr. Bobbi Jo Coldwell says new MRI breast screening software will benefit over 500 patients a year.

over 24 hours and puts less stress on the organs of critically-ill patients.

“When equipment wears out, becomes obsolete or there's a new unexpected need, the generosity of our donors ensures that our medical teams have the equipment they need when they need it,” says Judy Savage, President & CEO of LGH Foundation.



MRI²
Live-saving imaging closer to home

Just as we went to press, LGH Foundation was very close to raising the funds needed to purchase a second MRI machine for LGH.

While emergency patients are seen right away patients with non-urgent conditions face wait times of up to six months. As many as 50% of patients

in the LGH catchment area are also forced to travel into Vancouver for appointments because we don't have the MRI capacity on the North Shore.

We want to help these patients who have non-life-threatening but debilitating and painful conditions receive faster access to diagnosis and treatment.

Thank you
for your support



Visit us at lghfoundation.com



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